

## Bioresonance and Vaginal Thrush

### Description

According to BBC News, [vaginal thrush is a growing problem worldwide](#) with 3 out of 4 women developing the condition at least once in their lives. It's safe to say that it is quickly becoming a common problem among many people around the world. Not only that– but the condition can also be chronic.

In this article, we will explore the causes and symptoms of vaginal thrush and its relation to a new type of therapy– bioresonance. Bioresonance therapy involves the detection of electromagnetic oscillations from cells and is said to treat many kinds of diseases. Can it treat vaginal thrush as well?

### What is vaginal thrush?

Vaginal thrush is a common problem for women, but it is not sexually transmitted and can therefore not be classified as an STI. Vaginal thrush occurs when there is an abundance of the yeast called [Candida albicans](#) in the genital area. Naturally, women have a small amount of Candida albicans in the vagina, but some conditions can trigger their overgrowth.

Candida albicans also live naturally in the intestines, skin, and in the mouth. Their growth is typically controlled by bacteria in our bodies. However, some changes in normal conditions can make their growth rapid, therefore causing the appearance of symptoms.

### What are the causes of vaginal thrush?

Vaginal thrush is caused by an overgrowth of the yeast called Candida albicans, a type of opportunistic pathogenic yeast. It is the natural yeast that can be found inside the human body, but what can cause it to grow out of control?

A common cause is the use of antibiotics for an extended period of time (e.g., more than two weeks); approximately 30% of women develop thrush after long use of antibiotics. Another possible cause is nutrition-related. A diet wherein there is too much sugar or refined grains can cause vaginal thrush, as well as too much caffeine and alcohol intake.

Preventable causes of vaginal thrush also include wearing tight clothing and using certain products on the vagina. Tight underwear and clothing can restrict airflow in the vagina. On the other hand, using douches, sprays, soaps, and antiseptics can cause an imbalance in the vagina's pH.

Overgrowth can also be triggered by other conditions such as pregnancy, changes in the menstrual cycle, menopause, diabetes, iron deficiency, and disorders of the immune system.

Basically, vaginal thrush is caused by an imbalance in the vagina's normal conditions. Avoid thrush by doing away with activities or practices that can cause an imbalance, such as taking long baths, wearing tight clothes, using strong products on the vagina, and wiping improperly (wipe front to back!). If you have non-modifiable causes, see a gynecologist for possible treatment options.

### **What are the symptoms of vaginal thrush?**

Symptoms of vaginal thrush can be confused with other conditions of the vagina such as yeast infections or STIs. It's recommended that you see your gynecologist in order to get an accurate diagnosis if you suspect that you have thrush.

Generally, the symptoms of thrush include:

- Vaginal discharge which is white and has a cottage cheese texture, usually odorless or has a smell akin to yeast
- Discomfort when urinating or during intercourse
- Itching or burning sensation
- Abnormal redness or swelling

[Men can also get thrush](#) and symptoms are similar. In men, there can be a discharge under the foreskin, discomfort or itching especially when urinating, and redness on the penis.

If you suspect that you have vaginal thrush, see your gynecologist immediately for proper treatment. It is imperative that you consult with a medical professional especially if you are pregnant, an adolescent, over the age of 60 years old, menopausal, or if you are experiencing other symptoms that are not characteristic of vaginal thrush.

### **Bioresonance and vaginal thrush**

There are various methods of curing vaginal thrush. Typically, doctors will prescribe antifungal medication such as tablets or creams to correct the imbalance in the vagina. Other treatment options are pessaries which are inserted in the vagina, but these can be uncomfortable.

BRT or bioresonance therapy can detect different oscillations of affected cells inside the body. There are claims that it can also detect [signals from bacteria](#) which can help diagnosis of vaginal thrush. Properly localizing the *Candida albicans* can help your doctor give you a more effective treatment.

In conjunction with bioresonance therapy, medical professionals may also suggest modifications in lifestyle and diet. To control and [get rid of \*Candida albicans\*](#), a low-stress lifestyle and a balanced diet are often recommended.

### **Conclusion**

Bioresonance is a revolutionary method of diagnosis and treatment which has a promising future in the development of new medical devices. In its relation to vaginal thrush—one of the most common vaginal problems affecting millions of women— BRT can be effective in localizing the presence of yeast in the body. Additionally, it can be a non-invasive and painless way to treat vaginal thrush.

However, it is still important to practice prevention and lifestyle modifications in order to relieve and control symptoms of vaginal thrush. Remember to avoid tight clothing, strong feminine washes, overuse of antibiotics, and other things that can trigger the overgrowth of yeast.

### **Category**

1. Articles

### **Tags**

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