

Bioresonance as an Alternative Treatment for Gonarthrosis

Description

Introduction

The knee joint might not be the most mobile joint, as the shoulder joint is, but it is the biggest joint in the human body. The knee is actually composed of two joints – the tibiofemoral joint and the patellofemoral joint. In the knee joint, only the movements of flexion and extension are possible, as well as, slight internal and external rotation. The knee joint characterizes itself with the presence of two articulate bodies – the lateral and medial condyles. The knee joint is often sustainable to injuries as well as Osteoarthritis – one of the 100 different types of Arthritis known to man.

In today's article, we will discuss characteristics of Gonarthrosis, focusing on the possible treatment plans that a patient can rely on. Most importantly, we have Bioresonance therapy to introduce you to and its amazing beneficial effects that are yet to be discussed regarding numerous different medical conditions.

What is Gonarthrosis?

Gonarthrosis is the term being used to describe the condition in which the knee joint is affected by Osteoarthritis. Osteoarthritis causes the cartilage in the joint to wear down causing the bones which take part in the joint to rub against each other which leads to the classic symptomatology of the Gonarthrosis to develop. Osteoarthritis is known as the most common type of Arthritis, along with Rheumatoid arthritis and Gout. According to the latest statistics, over 27 million people have reported suffering from Osteoarthritis, with the knee joint being affected in most cases.

The symptoms of Gonarthrosis

Gonarthrosis characterizes itself as the main symptoms of Arthritis – pain, swelling, and inflammation of the affected joint to which reduced range of motion follows. The pain usually gets better with rest and gets worse when you are actively engaging the affected joint. The knee joint may feel warm to the touch. Strange sounds such as cracking and creaking might be heard whenever the knee moves.

What causes Gonarthrosis?

As it is the case with any Arthritis type, the cause of Gonarthrosis is yet to be discovered. However, there are numerous [risk factors](#) that are listed throughout the years.

- Old age – research suggests that people over the age of 40 are at greater risk for developing Gonarthrosis
- Gender – it is considered that women are far more likely to develop Gonarthrosis as compared with men.
- [Obesity](#) – possibly being the biggest risk factor for Gonarthrosis and Osteoarthritis in general
- Knee injury – including repetitive stress on the knee joint, knee surgery, knee injuries etc.

Conventional treatment for Gonarthrosis

To start with the basics “ any treatment plan for Gonarthrosis includes guidelines for a healthy lifestyle. A healthy diet and proper exercise plan are supposed to reduce the stress that the patient puts on his/her affected knee. Regular exercise is also meant to strengthen the muscles around the knee, making this joint stronger and more stable. In order to [reduce](#) the pain, over-the-counter painkillers are used. Anti-inflammatory medications are included as well in order to reduce the inflammation and with that, all of the other symptoms. In most cases, hyaluronic acid and steroid injections are injected into the knee to improve the lubrication of the knee. [Physical](#) and occupational therapy are also recommended to improve the patient’s ability to engage in the everyday activities more actively. In the most severe cases, surgery is an option as well.

The use of Bioresonance as an alternative treatment for Gonarthrosis

Bioresonance therapy is a safe, non-invasive therapy that does not cure the illness on its own “ what it does is help the human body heal itself. The Bioresonance therapy is suitable for babies, children, and adults. With each new day, Bioresonance is found to be beneficial for various different medical issues, including nicotine addiction, sleep problems and what interests us the most is the ability of Bioresonance to improve the symptoms of Gonarthrosis. In a [study](#) published in 2000, the effects of bioresonance and the effects of standard treatment methods were compared. The study found that the group of participants who received a combination of Bioresonance and the standard methods of treatment “ physical therapy and medications experienced a higher response to the treatment, with a greater relief of the symptoms of synovitis and tendinitis as well as joint pain. In addition, the participants who did not receive the Bioresonance therapy have experienced greater pain in the months to come after the treatment has finished.

Conclusion

Millions of people every day suffer from the symptoms of Gonarthrosis, with the faith that a new treatment plan will someday be discovered. Perhaps that day has come and these patients are yet to find out about it. The use of Bioresonance therapy has already helped many patients deal with their medical issues such as nicotine addiction, frozen shoulder, and even Gonarthrosis. This safe and painless therapy has been scientifically proven effective when used against the symptoms of Gonarthrosis posing new and interesting findings to be more deeply discussed and investigated in the future.

Category

1. Articles

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