

Bioresonance Therapy and Asthma

Description

Introduction

Little boy using Asthma inhaler for breathing on white background According to statistics provided by the [Asthma UK](#) Health Organisation, there are currently close to 5.5 million people in the United Kingdom receiving treatment for asthma. This cohort consists of 80% adults and 20% under the age of 18. Comparing this statistic to the total population in the United Kingdom, asthmatic conditions affect 1 in every 11 children and 1 in every 12 adults. Although its prevalence has remained stagnant ever since the late 1990s, the United Kingdom is still recognized as one of the European nations with the highest rate of asthma patients.

It is estimated that up to 3 people die from asthma on a daily basis. In the year 2014, this health condition claimed the lives of 1,216 individuals. To further highlight the severity of the situation, an asthma attack occurs every 8 minutes and causes its victim to be hospitalized. This equates to approximately 185 patients being admitted to a hospital for treatment of their asthmatic condition.

The onset of an asthma attack is a rather traumatic experience. As they struggle to breathe, patients also find themselves unable to speak, lose control of their body, and feel a general loss of ability to seek help. Being diagnosed with asthma does not only restrict an individual's ability to participate in physical activities. In fact, severe asthma can even prohibit the carrying out of daily activities such as climbing the stairs or taking a stroll in the park.

Causes of Asthma

Defined as a respiratory condition marked by spasms in the bronchi of the lungs, asthma is usually caused by an allergic reaction or can be a result of other forms of hypersensitivity. While it is unclear why certain people are diagnosed with asthma and others remain immune to it, health professionals generally believe that it is down to a combination of genetic and environmental factors. Based on the extensive list of case studies available, doctors were able to identify various factors that can [trigger an asthma attack](#).

- Airborne Allergens
- Respiratory Infections
- Physical Activities
- Cold Air
- Airborne Irritants and Pollutants
- Medications
- Excessive Stress and Strong Emotions

It should be pointed that the impact of each trigger varies from person to person. In addition, included above are only the common triggers that have been discovered in a majority of the case studies. There are other trigger factors that affect a minority of patients or can even affect an individual only. Other

than being these known factors that can lead to an asthma attack, health professionals have also formulated a list of risk factors that can increase the chances of developing asthma.

- History of Asthmatic Condition
- Presence of Separate Allergic Condition (Such as Hay Fever or Atopic Dermatitis)
- Inadequate Weight Management
- Unhealthy Smoking Habit
- Excessive Exposure to Secondhand Smoke
- Constant Inhalation of Exhaust Fumes or Other Types of Pollution
- Occupational Hazards (Such as Chemicals Exposure)

Treatment Options

Although some patients or even doctors have stepped forward to claim that they have found a permanent cure for asthma, it is said to say that there is no proven treatment that can effectively [treat asthma](#) and prevent any further attacks. Instead, patients who have been professionally diagnosed with asthma should be educated on the available options to help them manage their condition effectively. A combination of healthy lifestyle choices and preventive measures can successfully limit the impact of asthma on an individual's life.

A large part of living with asthma centers around eliminating factors that can trigger an attack. Individuals who find themselves susceptible to asthma attacks whenever their stress levels increase uncontrollably should learn effective stress relief methods. Health experts recommend natural relaxation remedies such as deep abdominal breathing, guided imagery, and progressive muscle relaxation. Another way to keep asthma under control is through the implementation of a healthy diet. Food sources that contain high levels of omega-3 fatty acids are known to aid in treating inflammation, consequently [reducing the risk](#) of triggering an asthma attack. These foods include mackerel, tuna, cod, and salmon.

Doctors are also known to prescribe certain medications that can help to relieve signs and symptoms of asthma. The most prevalent type of medication comes in the form of bronchodilators. These medications aim to relieve symptoms of asthma through relaxation of the muscles around the airways to facilitate smooth air intake. Short-acting bronchodilators are regularly used to treat asthma symptoms such as coughing, wheezing, tightness in the chest, and shortness of breath. This form of medication can also be used by patients prior to their participation in any form of physical activities with the objective of preventing exercise-induced asthma.

Bioresonance Therapy

Existing patients of asthma might also consider Bioresonance therapy as a form of treatment for their lifelong condition. As a matter of fact, health professionals who have implemented Bioresonance therapy to their patients have recorded a high success rate in treating asthmatic conditions. Fully utilizing the functionality of the BICOM device as the primary mode of therapy, its application can be customized to suit each patient's condition.

In general, noticeable antispasmodic relief and easement can be seen in patients suffering from acute asthma condition. Applying treatment in-between attacks is also beneficial as it helps to release toxins and harmonizes. However, patients should be made aware that using Bioresonance therapy to treat

asthma should be supplemented by a secondary treatment method. A successful implementation of treatment strategies will ensure that patients are able to resume their normal way of life, with minimal influence from their asthmatic condition. As Bioresonance therapy continues to be explored by the health community, it is only a matter of time before this revolutionary treatment option becomes a prominent choice for asthma patients.

Conclusion

A professional diagnosis of an asthmatic condition can prove to be a traumatic experience. Not only is there a lack of a permanent cure, patients have to incorporate various measures into their lives to cope with this persistent condition. While the most popular choice of asthma management comes in the form of a bronchodilator, an unconventional treatment option is offered through Bioresonance therapy. Unlike other treatment alternatives, it is recommended that this therapeutic option is supplemented by other forms of treatment. While it is still being explored as a viable alternative to treat asthma, success stories originating from satisfied patients are already widespread within the health community. It is expected that Bioresonance therapy will become one of the most trusted remedies that can help to effectively manage asthma conditions.

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Author

davidfranklin