

# Bioresonance Therapy And Body Detoxification

## Description

The body is often called a temple, which is why many people who are trying to live a healthy life often try to implement ways in which they can reduce the number of toxins that they are exposed to. Unfortunately, in the modern world, toxins are found everywhere. Some common toxins that our bodies are exposed to almost on a daily basis include lead, polychlorinated biphenyls, chlorine, fluoride, cyanide, pesticides, formaldehyde, and more.

Body detoxification is a process often utilized by people in order to help reduce the buildup of toxins within their bodies, but many products promoted as detoxification supplements do not work as effectively as their manufacturers claim.

Bioresonance therapy may be used to identify toxins in the body and provide feedback on specific organs and tissues that are affected in an adverse way by an accumulation of harmful toxins.

## Signs Of Toxins Harming The Body

As toxins enter the body through various ways, they start to accumulate in the liver, kidneys, gastrointestinal tract, and other areas of the body. These toxins come into the body slowly, which is why symptoms tend to come on gradually instead of suddenly.

Understanding what signs to look out for can help a person determine if they might require detoxification in order to flush out a buildup of toxins and to help improve the functionality of their organs.

[Chronic poisoning from the exposure of heavy metals](#) and other toxic substance can gradually lead to frequent headaches, as well as an overall weak feeling. A person would also feel tired. Constipation can occur in some people who are exposed to a more significant amount of toxins over time. Additionally, people should also look out for aching muscles and joints, as these may also be a sign.

## How We Are Exposed To Toxins

We are exposed to toxins every day, usually without our own knowledge. An excellent example comes from one [study](#) that examined potentially harmful toxic substances that were found in drinking water. Some of the toxins identified in the study included Cadmium, Benzene Hexachloride, Acrylonitrile, Methylene Chloride, Uranium, Xylenes, Tetrachloroethylene, and more.

Heavy metals like zinc, lead, mercury, and iron are often breathed in by people who work in certain environments. This is especially an important note to take for factory workers, as these people are considered to be at a higher risk of chronic heavy metal poisoning.

In some cases, fish that have been caught in certain areas may also have levels of a heavy metal known as mercury that can cause an accumulation of toxins in the body. When herbal medicines are used, it is important to be cautious, as heavy metals have also been found in these medicines.

## **Detoxification Methods For Flushing Out Toxins**

Detoxification is a crucial process to assist in the elimination of heavy metals and other toxic substances that have accumulated within the body. There are various types of detoxification techniques that can be utilized.

When heavy metal toxicity is identified in a patient by a healthcare professional, prescribed pharmaceuticals may be provided to assist in the detoxification process. This would [usually include the use of chelators](#) that can assist in removing lead, mercury, cadmium, and arsenic from the patient's body.

Various natural remedies and options have also been identified and are readily available. Juicing is one particular option that many people are opting for, which consists of mixing specific combinations of vegetables, fruits, and herbal extracts that are known to help flush toxins that have accumulated in certain areas of the body.

Increasing the intake of certain foods may also be beneficial to a person who wants to ensure their body stays low on toxins and new toxins that they are exposed to can be effectively eliminated before they lead to symptomatic complications.

## **The Role Of Bioresonance In Body Detoxification**

While several detoxification procedures are considered relatively effective alone, combining such programs with bioresonance therapy may yield improved efficiency in reducing the toxins that are present in a person's body.

Bioresonance therapy will be used to identify specific areas in a patient's body where toxins are accumulating. This may assist in the determination if toxins may be to blame for specific conditions and symptoms that the patient is complaining about. Additionally, the type of toxins can often be identified through this technology, providing the basis for a more successful and effective treatment approach.

## **Conclusion**

We are exposed to various toxins each day in our food, drinking water, and the environment in general. These toxins tend to accumulate in the body and eventually causes problems with various organs and systems, leading to unpleasant symptoms. Detoxification is a useful process that can help to flush out toxic substances in the body and restore the BICOM optima® function of organs affected by such toxins. By combining detoxification procedures with bioresonance therapy, results can be greatly enhanced, and the body can be restored to a more BICOM optima® level of functionality and overall well-being.

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1. Articles

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1. BIORESONANCE THERAPY - Bioresonance and biofeedback discussion forum
2. Body Detoxification

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