



Bioresonance Therapy And Insulin Resistance

Description

The body utilizes sugar, converted into glucose, as a source of energy. When food is consumed, the body breaks the food down into smaller particulars. These different particles are then absorbed into the body through numerous processes. Glucose, in particular, is absorbed through the hormone known as insulin. This hormone is synthesized and secreted by the pancreas. In some people, insulin is not used effectively by all cells in the body; thus leading to a glucose buildup in the person's bloodstream, according to [Healthline](#). This condition is referred to as insulin resistance and can cause a significant number of problems for an affected person, including lead to the development of type 2 diabetes.

Insulin Resistance Versus Type 2 Diabetes

It is important for patients to understand that there is a significant difference between insulin resistance and type 2 diabetes. Insulin resistance is often also called pre-diabetes and refers to a scenario where a patient is suspected of diabetes due to elevated blood glucose levels, but their blood glucose levels are not high enough to be considered diabetes.

When a patient learns they have developed insulin resistance, there is still hope for them to assist with improving their insulin resistance and restoring the body's ability to adequately utilize glucose in the bloodstream. Once diagnosed with diabetes, however, things changes. [WebMD](#) explains that there is no existing cure for diabetes – the disease can, however, be controlled through the utilization of certain medication, as well as certain lifestyle changes.

Causes Of Insulin Resistance

Medical professionals and scientists are not 100% certain why some people develop insulin resistance; thus definite causes have not yet been identified. Scientists and professionals in the medical industry have, however, been able to determine certain factors that considerably increases a person's risk of developing insulin resistance.

According to Medicine Net, some evidence is available that suggests metabolic syndrome to be somewhat responsible for causing insulin resistance. They also report that certain lifestyle factors have also been shown to add to a person's risk of developing this particular condition. Some evidence also

suggests that genetics play a part in determining a person's risk of insulin resistance. For example, if a person's mother had diabetes, they are at a higher risk of developing the disease as well; thus they are more likely to develop insulin resistance.

Symptoms Of Insulin Resistance

Insulin resistance itself usually does not cause any particular symptoms that makes the condition obvious; thus it is important for people to closely monitor their blood glucose levels at a regular interval to ensure they detect the signs of insulin resistance early on; thus allowing them to make certain lifestyle changes in order to avoid the condition from progressing into diabetes.

As Insulin resistance progresses, it may cause symptoms of diabetes to develop once it starts to transcend from insulin resistance to type 2 diabetes. Particular symptoms to be concerned about includes feeling tired and experiencing fatigue, being hungry or thirsty all the time and having to urinate frequently. Urine odor is also a sign of type 2 diabetes. Some people also develop darker skin in particular areas, including their armpits, their groin and underneath their chin.

Conventional Treatment Options For Insulin Resistance

Patients should realize that it is vital to detect insulin resistance and to treat this health concern before it turns into type 2 diabetes. Type 2 diabetes can be controlled effectively, but there is no way to cure type 2 diabetes at the moment. With insulin resistance, however, the problem can be reversed in some cases; thus avoiding the developing of type 2 diabetes.

According to [MedScape](#), a patient's particular health status need to be considered prior to determining an appropriate treatment plan for their condition. When a patient is obese, a healthcare professional will aid them in reducing their bodyweight, which will assist with reducing the insulin resistance and may also possibly avoid the progression of the condition. In cases where a patient smokes or utilizes alcohol, adjustments will be recommended to minimize the effects that these two lifestyle choices have on their life – and their body's ability to utilize insulin. Frequent participation in physical activities, combined with a healthier diet, are also amongst the recommendations that are often made to a patient with insulin resistance.

Bioresonance Therapy For Insulin Resistance

Bioresonance therapy is a revolutionary medical approach to treating a range of different health concerns. This approach is useful in the diagnosis and treatment of both insulin sensitivity and diabetes in multiple ways. Bioresonance therapy can often be utilized as a method of targeting the particular factors that are contributing to a patient's insulin resistance; thus helping to improve their body's ability to use insulin and avoiding an increase in glucose storage within their bloodstream. This therapy has also been proven to offer beneficial effects to the organs involved in these conditions, such as the pancreas and liver.

Conclusion

Insulin resistance is a serious health concern that should be diagnosed and treated at an early stage. Without adequate lifestyle changes and a treatment plan, the condition can progress into type 2 diabetes, which can cause numerous unpleasant symptoms. Bioresonance therapy poses as a useful method to assist with the treatment of both insulin resistance and diabetes.

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