

# Can You Treat Your Heartburn with the Use of Bioresonance?

## Description

### Introduction

The esophagus is a muscular tube that connects your throat to your stomach. Thanks to the esophagus, the food that is primarily digested in the mouth, travels through the esophagus and reaches the stomach where the final stages of digestion take place and we get the energy and the nutrients that we require from the food that we have eaten previously. There are two sphincters present – the upper and the lower esophageal sphincter that control the opening and the closing of the esophagus. Commonly, the esophagus is affected by different medical issues such as heartburn, gastroesophageal reflux disease (GERD), Barret's esophagus etc. These medical conditions pose a certain threat to the patient's health which is why it is important for them to be treated as soon as possible.

Today, we have chosen to talk about one of those medical conditions – heartburn, but most importantly to talk about a recently-developed therapy for heartburn – the use of Bioresonance therapy that promises to remove any sign of heartburn in just a few sessions.

### What is heartburn?

Heartburn, also known as pyrosis, is the term that is being used to describe the feeling of burning which is present in the central chest and the upper abdomen. The burning sensation can continue to spread to the neck and throat. Despite the term – heartburn, this medical condition has nothing to do with the heart. Heartburn is a pretty common medical issue among [pregnant](#) women. Typically, heartburn lasts a couple of minutes, but in some severe cases, it can last up to several hours as well. For patients who are experiencing heartburn for the first time, they can often confuse it with a heart attack or angina.

### The symptoms of heartburn

The burning sensation in the chest can be accompanied by other symptoms as well.

- Dry mouth
- A sore throat
- Difficulty swallowing
- Regurgitation of food
- Feeling of food being stuck at the back of the throat

If the heartburn is accompanied by symptoms such as shortness of breath, dizziness, cold sweat and radiation of the pain to the arms a health professional must be contacted right away.

### The causes of heartburn

The heartburn symptoms can be often caused due to a malfunctioning lower esophageal sphincter that

instead of keeping the stomach acid where it should be, it allows it to get into the throat. Overeating can put extra pressure on your lower esophageal sphincter which if it is not as tight as it is supposed to be it will cause heartburn to occur. Heartburn occurs mostly after a meal. In most cases, it is triggered by certain [foods](#) and drinks such as tomatoes, coffee, alcohol, chocolate, garlic, onion, and foods which are high in fats. The use of certain medications can trigger heartburn as well. Stress and the lack of sleep are also among the most common causes of heartburn.

### **Conventional treatment of heartburn**

In most cases, heartburn does not require any special treatment. Usually, it is recommended that the person who is suffering from heartburn to avoid the foods and drinks that he/she has noticed to cause heartburn most commonly. Losing weight by following a healthy diet and regular exercise is one of the best natural treatments for this condition. In special cases, when the burning sensation and pain are too severe, over-the-counter painkillers can be recommended by the doctor. Quitting smoking is often recommended since it is suggested that smoking [interferes](#) with the activity of the lower esophageal sphincter.

### **The use of Bioresonance for heartburn**

Bioresonance therapy has been described as pain-free, non-invasive and safe therapy option, already used on numerous patients to treat different medical conditions. Practiced mainly in Germany, the Bioresonance therapy is both a diagnostic and a therapeutic method that uses applicators which are attached to a BICOM® machine in order to measure, analyze and determine the energy wavelengths that come from each human body. The Bioresonance therapy is safe to be applied to babies, children, and adults. Only pregnant women are recommended to avoid this treatment method. Until today, Bioresonance has been proven as an effective treatment method for [nicotine addiction](#), sleep problems, chronic fatigue, [gastrointestinal problems](#) etc. Heartburn being considered as one quite common gastrointestinal problem is suggested as highly treatable with the use of Bioresonance therapy. By identifying the energy imbalances, the Bioresonance therapy gives an opportunity to not only get familiar with these imbalances but also do everything that is possible to restore the energy balance within the body once again. It is believed that once the energy balance is restored, the heartburn symptoms will fade away thanks to the use of Bioresonance therapy. Of course, future research needs to be done to support these findings.

### **Conclusion**

Having to avoid certain foods and drinks just because of your heartburn is not a pleasant experience nor is having to deal with the annoying burning sensation that spreads and grows gradually. So instead of avoiding, those trigger foods with the hope of feeling better why not try Bioresonance therapy? This promising new treatment method is bound to improve your heartburn symptoms in just a couple of sessions, as told by previous patients who have had the chance to try and gain the beneficial effects of Bioresonance therapy. Go ahead, ask your doctor to recommend you a specialist for Bioresonance therapy in your area and let yourself forget about your heartburn.

### **Category**

1. Articles

### **Tags**

1. Bioresonance
2. GERD
3. heartburn
4. Stomach problems

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**Author**

davidfranklin