

## Migraine

### Description

# Bio-Resonance Therapy for Migraine

**A migraine is a severe headache usually felt as a throbbing pain at the front or on one side of the head.**

Migraine from lyme disease

Migraine causing severe pain

While migraines are characterised by severe pain signals, some people who suffer from migraines also have other symptoms, such as nausea and sensitivity to light.

Migraine is a common health condition, affecting about 15% of adults in the UK. Those affected include people who experience frequent attacks of pain and people who are only rarely affected. The pain may be relatively short-lived or could even last for days on end. Some sufferers are able to carry on with their regular routine, while others may be forced to stay in bed until the symptoms subside.

There are two main types of migraine:

- **Migraine with aura**
- **Migraine without aura**

## Migraine attacks with aura

Migraine auras are when there is a warning sign, known as aura, before the migraine begins. About a third of people with migraine have this. Warning signs may include visual problems such as seeing bright lights or flashing lights, which can make it dangerous for a person to drive. Patients may also have a stiff neck and stiffness or muscle tension in the shoulders or limbs.

While auras may warn someone of coming migraine attacks, in some cases, the unpleasant effects of migraine aura may be more problematic for a person than the migraine itself. These symptoms can have a serious impact on daily life and may make it difficult to work or carry out other everyday tasks.

It is also possible for someone to suffer from the symptoms of migraine aura without it ever actually developing into a full-on migraine.

## Migraine without aura

For other individuals, migraines may gradually become worse or come on suddenly with little warning, or at least without the specific symptoms that some experience. This is the most common type of migraine that a person may develop.

## What factors may trigger headaches or migraine attack?

The exact cause of migraine headaches is uncertain and specific triggers for a migraine can vary from person to person. That said, some common triggers can include weather changes, hormonal problems, fatigue, stress or even eating and drinking certain foods. Pain may begin after something as simple as a sudden head movement or be started by a trauma such as a head injury. It is also thought that genetics may play a part, as this condition seems to run in families.

Extremely painful headaches could also be a symptom of a serious medical condition, so these may require the advice of a healthcare provider and prompt medical care. This can be true if a patient has worrying signs such as mental confusion or double vision.

## The effect of electromagnetic waves

In 1952 Alfred Vogel, who was a Swiss herbalist and naturopath, wrote in *The Nature Doctor* on page 592:

“Every person and every material has a certain connection with electricity. When undressing at bedtime you may have noticed that some items of clothing crackle or you may even see them momentarily light up in the dark. The electrical charge causing this varies with different people, some have more than others. This charge can be restored or increased”

The electrical field and charge are also influenced by where we live and in what conditions, it is possible for these factors to upset the natural balance.

Once the balance of the earth’s field is upset, all kinds of disturbances may manifest themselves; for example, we can be overcome by an unnaturally heavy fatigue or persistent headaches, sometimes leading to troublesome migraine or depression. A lack of vigour or initiative often comes in its wake. Worry or nervousness may set in, bothering the sufferer so much that he doesn’t know what to do with his fidgeting limbs. Modern technology enables us to measure this electromagnetic field.”

## Bioresonance and headache pain

### Conventional migraine treatments

Sufferers of migraines may find relief by taking pain relief medication such as paracetamol or ibuprofen. In other cases, healthcare providers may prescribe specialised [migraine tablets](#) that are used to prevent seizures, if other medicines have proved to be ineffective. These are designed to help prevent migraines in the first place. Lifestyle changes, such as avoiding specific foods, can be used as a preventative measure.

### Bioresonance therapy

Bioresonance therapy is a treatment that uses electromagnetic waves to help restore natural balance in the body. Rather than only treating symptoms, this therapy can help to address the underlying causes of health problems. It can be used safely alongside both conventional medical treatments and appropriate lifestyle alterations.

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