

Pain

Description

## Bio-Resonance Therapy for Gout, Toe Pain and Arthritis

“There are many real-life experiences of patients suffering from migraine, osteopathic, cervical spine syndrome, recurrent lumbago, slipped discs amongst many others that have reported less pain following therapy.”



Uric acid build up in a joint

### Chronic pain and inflammatory diseases

There are countless different painful conditions that can cause us to feel unwell. In this article, we are not talking about pain from cuts, broken bones or sunburn etc. Rather, we will consider pain in the joints and muscles or organ pains that will not go away.

It is all too easy to simply treat the symptoms of chronic diseases with pain killers and this is a method that many patients use. Many individuals need to take medication long term in order to keep their condition stable and manage their symptoms. However, rather than only providing a temporary solution, with bioresonance therapy you can look to ease the symptoms and seek to address the **cause**.

## Chronic gouty arthritis

Take for example toe pain, arthritis and [gout](#), which is often caused by a buildup of too much **Uric acid**. For those with this condition, it is essential to avoid benzoic acid, the common preservative, since this is what the body detoxifies into **Hippuric acid** (also found where pain is). These acid accumulations are breeding grounds for bacteria. As these colonies of bacteria multiply, it causes **inflammation** and then **pain**.

## Lifestyle changes with anti inflammatory effects

Killing the bacteria and breaking down the acids by means of bioresonance can have good results. These results can be even more dramatic when combined with conventional treatment and lifestyle changes such as a more healthy, anti inflammatory diet and a program of regular gentle exercise.

Maintaining a healthy diet after treatment is a vital part of self management. This is because certain foods can be one of the factors causing flare ups of inflammation in a person. For example, sufferers of gout may be advised to avoid sugary drinks and to limit consumption of fatty foods such as offal, fried foods and hot dogs. It may also be necessary to keep alcohol intake relatively low.

## Illustration of pain relief before and after treatment of Gout



Pain therapy with the bioresonance method is gaining in importance. Acute pain may be rapidly reduced with this treatment. Improvements have been achieved with chronic pain where other methods have been exhausted. Bioresonance has also proved effective in combination with other methods of pain therapy.

Indications are migraine, headaches, blocks in the temporomandibular joint, back pain, osteoarthritis and arthritis in the large and small joints, tennis elbow and carpal tunnel syndrome. Rheumatoid arthritis is another painful inflammatory disease, though this is caused by the immune system attacking healthy cells. One Turkish neurosurgeon was able to save patients from surgery on the intervertebral discs by using bio resonance.

## Conventional methods to fight inflammation and reduce pain

Doctor may prescribe medication such as nonsteroidal anti inflammatory drugs to reduce both chronic inflammation and acute inflammation. Pain killers can also help to ease pain in the affected joint. In some cases, a steroid injection may be needed if symptoms are severe and do not reduce with the use of other medication.

Pain research has made considerable progress in recent years. The term pain memory is used especially in connection with chronic pain. We now know exactly how pain arises and have developed various strategies for influencing the various stages by pharmacological means.

### Treatments that don't involve medication

Treatment strategies which do not involve medication have also been known for a long time: use of heat and a cold ice pack, company and mass harsh, stimulation currents and magnetic fields, lasers and x-rays are all part of the pain therapists arsenal. The pain relieving action of acupuncture has already been the subject of scientific research.

Assuming that a biophysical field change proceeds all biochemical metabolic processes in the portrait, this all also applies to the patient. In other words: bio resonance should, in theory, also work for pain and, in practice, it actually does.

## Does bioresonance actually work?

There are many real-life experiences of patients suffering from a variety of conditions that have had their pain considerably reduced with the help of this therapy. These conditions include migraine, osteoarthritis, cervical spine syndrome, recurrent lumbago and slipped discs amongst many others. More examples can be found in the book Bioresonance: a new view of medicine.

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