



Dust mite allergy

Description

Dust allergy is an allergic reaction to dust mites which are commonly found in house dust. These minuscule dust mites are bugs belonging to the arachnid family and are similar in appearance to ticks, though they are too small to see with the eye alone. They thrive in warm and humid conditions and may be found on soft furnishings such as carpets, bedding and sofas. Some people can be allergic to dust but also might be reacting to the actual dust mite.

What are the dust mite allergy symptoms?

What allergy therapies are available?

How does allergy therapy work?

What is bioresonance allergy treatment?

What kind of allergies can BICOMÂ® bioresonance treat?

What can be expected during an initial bioresonance appointment?

Are there any risks or side effects?

What are the benefits of allergy therapy?

What is the cost of treatment?

Who has benefitted from this therapy?

Conclusion

What are the symptoms of a dust allergy?

A dust allergy can cause mild symptoms similar to those associated with a cold, though for others, it can lead to severe breathing difficulties.

[Symptoms of an allergy to dust](#) can range from mildly itchy eyes all the way to severe bronchial asthma. Some individuals experience occasional bouts of symptoms, while others may have a chronic allergic condition. The condition can be seasonal or may prove to be a problem all year round. Sometimes, a combination of allergens may be contributing towards the symptoms, rather than dust mites alone.

The [dust allergen](#) causes inflammation in the nasal cavity, which can then lead to cold or hay fever-like symptoms. These may include itchiness around the nose, throat and eyes as well as pain, swelling and pressure around the face. Sufferers may have nasal congestion, a runny nose or be sneezing.

In some cases, the allergy can cause, or contribute towards, asthmatic symptoms. These can include coughing, shortness of breath, wheezing and tightness in the chest. Severe symptoms such as serious difficulty breathing may require professional medical attention. Ongoing nasal inflammation and congestion has the risk of developing into an infection of the sinuses.

What allergy therapies are available?

Medications are commonly used to suppress allergy symptoms, while immunotherapy may be considered for more chronic cases.

A doctor may be able to say whether a dust allergy is likely by listening to a person's symptoms and examining the inside of the nose. A blood test or a skin test can help to confirm if an allergy is present.

The treatment methods used depend on the particular symptoms that a person suffers from. Doctors may prescribe medications to help to alleviate nasal discomfort. Antihistamines, for example, can help to calm the body's immune response, therefore reducing itchiness and inflammation. If the nose is blocked, decongestants can make breathing easier.

Immunotherapy is a desensitisation treatment where a series of injections (subcutaneous immunotherapy) are administered or oral tablets or drops are taken under the tongue (oral immunotherapy). This type of treatment is carried out over a long period of time, perhaps several months or even years. The aim is to train the body to stop creating an excessive immune response to the allergen.

Those who have respiratory symptoms may be prescribed an inhaler to help them to breathe more easily. Avoiding unnecessary contact with dust by keeping a clean environment can help reduce a person's symptoms.

How does allergy therapy work?

Allergy medication can help to calm flare-ups of symptoms, while allergen immunotherapy works to retrain the immune system to accept the allergen.

Some allergy therapies aim to simply reduce the worst symptoms associated with a person's condition. Symptomatic treatment methods may provide quick relief to flare-ups of symptoms or only work as a temporary measure.

Other treatment methods such as allergy shots intend to desensitise an individual to the allergen itself. If effective, allergen immunotherapy may help to reduce a person's allergy related symptoms on a long-term basis. Bioresonance cannot kill house dust mites but the Bicom can be used to create a type of dust mite repellant.

Lifestyle changes help to reduce a person's contact with whatever it is that they are allergic to. For example, regularly removing dust from a person's home and work environment by hoovering and wiping surfaces with a damp cloth, can minimise exposure to dust mites. Keeping a home well-ventilated can prevent the humidity that otherwise causes dust mites to thrive.

What is bioresonance allergy treatment?

Bioresonance uses inverted frequency patterns to cancel out the negative effects of allergens on the body.

When bioresonance is used to treat allergies, the aim is to target the root cause. First, energetic testing identifies the main stressors that are affecting the body. Then, tailored treatment programmes can work on the allergies, as well as providing support for the body in general by helping the immune system.

The exact combination of programs that are used will be slightly different for each patient. One common treatment works by using a sample of the allergen to create a reverse wave. This wave cancels out the frequencies that are causing the negative reaction. This is similar to the way that noise-cancelling headphones generate a mirror image of ambient sound waves to minimise background noise.

What kind of allergies can BICOM® bioresonance treat?

Many different types of allergies have been treated using bioresonance, with great success.

Bioresonance with a BICOM® machine has been used to treat a wide range of allergic conditions with good results. These include allergies to dust, pet hair, pollen and various foods such as milk and nuts. Some patients may come to the clinic to have a specific allergy targeted, while others have had other health concerns that could be traced back to an underlying allergy or allergies. Treating these dust mite allergens can then ameliorate, or even eliminate, the health problem that they are contributing towards.

What can be expected during an initial bioresonance appointment?

Initial consultations typically last an hour and involve a combination of testing and then starting with the treatment program.

An initial session at the BICOM® clinic is likely to last at least 60 minutes. You will need to fill out a health questionnaire either before or during your appointment. This will help to tailor the treatment to your needs and use your time more effectively.

Then, the bioresonance practitioner will use a testing technique that they are experienced in such as muscle testing or kinesiology, to get a good picture of your overall health and energy levels. They will also need to take a blood and/or saliva sample. These methods will then help them to select the most effective and appropriate programs for your needs.

For a preview of what this may look like, you can watch the video under the heading [What to Expect](#) on the therapy website.

Afterwards, you may feel slightly tired and benefit from taking time to rest. Some patients leave their first appointment having already noticed an improvement.

Alternatively, it is possible to benefit from bioresonance treatment remotely, without actually having to travel to the clinic. This is especially convenient if there is not a therapy clinic nearby where you live. In this case, you would be sent a blood test kit to send a sample to the clinic. The blood sample would then be used for testing and the needed treatment would be sent to you in the form of a wearable disk or drops to be taken over a period of time.

Are there any risks or side effects?

Bioresonance is a safe therapy and any after-effects of treatment are temporary and a sign that the therapy is working.

Some types of allergy therapy have a small risk of causing anaphylaxis as a result of bringing on a severe allergic reaction. However, this is not a risk with bioresonance therapy.

After a bioresonance treatment, some patients feel tired or may have a slight headache. For this reason, it is beneficial to take time to rest after having had bioresonance. It is also possible that allergy symptoms may become temporarily worse before they start to calm down. Although not particularly pleasant, this can be a positive sign as it shows that the therapy is having an effect on the body. If needed, the following therapy session can be adjusted to make the treatment gentler if the initial reaction was too strong. Also, simply drinking plenty of water can help to reduce any after-effects, while supporting the healing process.

Any after-effects of this type of allergy treatment tend to be short-lived and not of a serious nature. Some patients experience immediate improvement in their symptoms without having any negative side effects.

What are the benefits of allergy therapy?

Great success has been achieved from bioresonance allergy therapy, with some people having no symptoms after just a few treatments.

Depending on their severity, allergies can have a serious effect on a person's life. Some sufferers feel very restricted by having to take steps to avoid an allergic reaction. Others simply miss being able to eat certain foods. Certainly, it is worth the effort to treat these allergies.

High levels of success have been achieved in bioresonance allergy therapy. Those who try bioresonance often see an improvement in their allergies after just a few sessions. In some cases, patients even report being symptom-free after their course of treatment is complete. This means that

they are able to continue to enjoy the things they love, without having to give anything up due to allergies.

Bioresonance therapy does not cause any serious side effects and is, therefore, a low-risk way of treating allergies. Some who use this treatment method find great relief without any adverse effects at all.

What is the cost of treatment?

Treatment may cost less than you think, as significant relief can often be brought about early on in the treatment process.

The cost of a person's allergy treatment will depend on a few factors such as: how quickly they respond to therapy; how frequently treatment is needed; how many treatments a person needs and whether the sufferer decides to have ongoing maintenance sessions. Since many people respond well to bioresonance, the cost of achieving significant relief may be lower than you would expect. An improvement in symptoms may even be evident after one session. For more information on the cost of specific treatment options available, click the following link to go to the [therapy costs page](#) on our therapy clinic website.

Who has benefitted from this therapy?

Individuals of many different ages and backgrounds have benefitted from allergy treatment with the BICOM®.

With bioresonance, it is possible to help both those with acute symptoms and those who have been struggling for a long time and have developed a chronic allergic condition. This includes people with troublesome allergies to dust mites.

Case study 1: One example of a person who was helped with a dust allergy through bioresonance allergy treatment was a 48-year-old fireman. He was experiencing acute asthma that was affecting his work and even lead to him needing emergency care. An allergologist had previously found that a major cause of his symptoms was an allergy to dust. Inhalers and cortisone treatment had suppressed his symptoms but were not enough to bring lasting improvement.

After a few months, he went to a bioresonance practice, where energetic testing confirmed the allergologist's findings, as well as identifying other potential causes. The treatment sessions targeted the dust allergy as well as supporting the immune system and helping the body with detoxification.

After just 7 weekly treatments, the patient's symptoms had improved by nearly 90%. He found that he no longer needed to use cortisone spray. With further weekly, and then monthly sessions, he was finally free from symptoms of allergic asthma.

Click the following link if you would like to read the full article: [Fireman rescued from severe asthma.](#)

Case study 2: Another example is that of a young man who had been suffering from a [permanent cold for months](#). He had watering eyes and often felt the need to sneeze. Sometimes, he had difficulty breathing as well as experiencing asthma attacks.

Antihistamines brought some relief, though this was only temporary. He was recommended by an ENT specialist to have nasal surgery. Naturally, he was hesitant to resort to a surgical procedure so he went to a bioresonance practice.

Testing with the BICOMÂ® machine revealed an allergy to dust, which had not been detected by doctors before. This allergy was then treated with relevant bioresonance programs.

Three treatment sessions resulted in a great improvement in the patientâ€™s symptoms. He was able to breathe clearly again, he no longer had watering eyes and the asthma attacks had been resolved. Thankfully, all of this was possible without the need for an invasive surgical procedure.

More examples of individuals who have been helped with their allergies through bioresonance can be found on our [testimonial page](#).

Conclusion

Dust allergies may be mild in some people while causing severe or lasting symptoms in others. Various treatment methods are available, which have varying degrees of success. Some treatments simply reduce symptoms, while others, such as bioresonance, work to address the root cause. Treatment with the BICOMÂ® machine is low-risk and has the potential to bring about a significant improvement after just a few therapy sessions.

Would you like to try this highly successful therapy? Why a therapy site to [book an appointment](#).

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