

Increase energy levels by using BICOM

Description

You need energy for absolutely everything you do. Lack of sleep, unhealthy diet, sedentary lifestyle and other factors deplete energy levels thus making you feel tired. Plus, some people have chronic fatigue syndrome which has a major influence on their quality of life. When left unresolved, fatigue makes it difficult for you to perform even the easiest tasks and it's needless to mention your work suffers too, just like relationships. When it comes to increasing energy levels options are endless, and BICOM is one of them. Scroll down to read more about the role of BICOM in energy boost and management of chronic fatigue.

What is chronic fatigue?

Most people feel tired from time to time, they get much-needed rest and feel better. However, some men and women don't get more energy after a nap or rest, and they still feel tired. Cases wherein an individual experiences extreme, unexplained fatigue that doesn't go away with rest are defined as a chronic fatigue syndrome (CFS). The disorder can be debilitating and severe, and it's not "random" tiredness.

The exact [cause of chronic fatigue](#) is still unknown, but various factors play a role. These factors include genetic predisposition, viral infections, hormonal imbalances, and immune system problems. Chronic fatigue syndrome has a major impact on a person's quality of life as it is manifested through symptoms such as headaches, un-refreshing sleep, loss of memory or concentration, sore throat, enlarged lymph nodes in neck and armpits, just to name a few.

No cure would make chronic fatigue syndrome disappear entirely, but there's a lot patients can do to boost their energy levels. This is where BICOM steps in. Let's see how bioresonance can elevate your energy if you have CFS and if you don't as well.

BICOM and energy

Low energy can be incredibly frustrating, but you're not helpless. There are many things a person can do to boost energy levels, and BICOM is considered to be one of them. BICOM is a safe and noninvasive therapy that utilizes electromagnetic frequencies to diagnose and treat illnesses. The device is used on both humans and animals without inducing any side effects. This is particularly important if we bear in mind that conventional treatment approaches always carry a risk of adverse reactions that can make a patient feel worse, instead of getting better.

BICOM is suitable for persons with chronic fatigue syndrome, people who just want to boost their energy, but it's also a great solution for people who have been experiencing fatigue due to some underlying causes such as serious disease. For example, one man was dealing with health issues that took their toll on his energy levels. During his BICOM treatments, the toxic load on his system was successfully identified as farm-related pesticides and heavy metals. The man was treated for each of these stressors in order to support his metabolic rate and provide more strength to his body. After four

treatments, the patient felt better, and his energy levels improved significantly.

Bioresonance uses energy information in order to understand what your body really needs. Then, it helps the body restore its ability to regulate itself in a more effective manner. Every substance in the body has its own frequency pattern. BICOM identifies these patterns and supports the ones a patient needs while removing patterns that cause problems and deplete energy levels.

The therapy allows the body to improve absorption of nutrients more effectively. People with chronic fatigue often experience nutritional deficiencies as their body doesn't absorb nutrients properly. By allowing your body to get the maximum out of a healthy diet you eat, BICOM raises energy levels.

Bioresonance therapy can also include frequency specific microcurrent to eliminate toxins and manage symptoms. Accumulation of toxins is yet another factor that plays a role in fatigue.

What every patient wants to know is when they can expect to see results. Results vary from one person to another but, generally speaking, people notice they have more energy about 24 hours after the treatment.

Tips to boost energy

Besides BICOM which is an effective solution for people who need to manage their fatigue, you can also try the following:

- Get enough sleep
- Manage stress
- Meditate and practice yoga
- Exercise regularly
- Avoid energy drinks
- Quit smoking
- Limit alcohol consumption
- Eat a healthy diet
- Drink enough water
- Socialize

Conclusion

Bioresonance has the tremendous potential to diagnose and manage a number of health problems including low energy. Regardless of the cause of low energy, whether it's a disease or chronic fatigue, bioresonance can help successfully alleviate it. Of course, BICOM therapy should be combined with a healthy lifestyle for continuous energy supply. Visit a bioresonance practitioner for a chance to boost your energy in the safest way possible.

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Date Created

2018/10/01

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