

## MS and Bioresonance Therapy

### Description

Multiple sclerosis (MS) is a condition that affects a patient's brain, spinal cord, and optic nerves in the eyes. The exact cause of multiple sclerosis is unknown, but it is considered an autoimmune disease where the immune system attacks its own tissues and cells. In the case of multiple sclerosis, the immune system destroys the fatty substance that coats and protects nerve fibers in the brain and spinal cord, called myelin. No cure would eliminate multiple sclerosis entirely, but different approaches exist to accelerate recovery from attacks and slow down the progression of the disease and its symptoms. One of these approaches is bioresonance.

### How common is MS?

Multiple sclerosis is a common condition, but did you ever wonder how common it is? Numbers [show](#) that about 400,000 people in the United States are affected by MS. On a global level, about 2.5 million people have this condition. When it comes to the general population, multiple sclerosis affects 90 out of 100,000 people.

There is no data that could reliably reveal how many people in the United Kingdom have MS. In 2010, that number was 127,000. Some [estimates](#) show that in England 90,500 people have MS while the number of patients in Wales is 4300, Northern Ireland 3200, and in Scotland about 11,300.

The condition usually develops when an affected person is between 20 and 40 years of age. The average age of onset of multiple sclerosis is 32. Young children can also develop the condition. Women are more likely to develop MS than men.

### Can bioresonance help with multiple sclerosis?

Some patients experience symptoms that are so mild and don't require treatment. On the flip side, others deal with moderate to severe signs and symptoms of MS and their quality of life is significantly jeopardized. Conventional medicine uses a standard approach toward the management of MS. This approach includes intake of medications such as muscle relaxants, physical therapy, and plasma exchange. Patients with MS need more than that. Everyone's body is different, and we experience diseases in a different manner. So using the same approach to manage every patient's symptoms isn't that practical.

Bioresonance is alternative medicine and a lot of patients credit it for improvement of their symptoms. Bioresonance is a noninvasive therapy that involves placing applicators on a patient's skin in order to diagnose and treat various health conditions. The applicators are connected to the BICOM machine which analyzes energy wavelengths coming from the patient's body. When they encounter bad frequencies, the applicators restore the BICOM optimal balance or equilibrium.

As you can see, bioresonance is a simple [therapy](#) that works wonders. In patients with multiple sclerosis, bioresonance therapy is used to eliminate the established causes of irritation. As a result,

bioresonance enables the body to re-regulate. The therapy session isn't painful, all you have to do is to sit and relax. Bioresonance also requires some attention to be paid to the complicated relationship between a patient's body and psyche. After all, discussions about the complex relations between physical and mental health are the crucial component of any holistic treatment, including this one.

An amazing advantage of the bioresonance therapy is that it helps alleviate stress. This is important because patients with multiple sclerosis deal with different [types of stresses](#) including:

- Primary heavy metal stress (mercury)
- Primary viral stress (herpes virus)
- Poisonous substances
- Allergies
- The sustained stress of the autonomic nervous system

By helping the body deal with stress, bioresonance can prevent multiple sclerosis flare-ups. It has been [confirmed](#) that stress can lead to flare-ups and aggravate the course of the disease.

### **Lifestyle tips to manage MS**

Effective management of multiple sclerosis also requires some lifestyle modifications. Don't rely on medications only. Remember, there's a lot you can do to improve quality of life, feel better, and slow down the progression of the disease. Here are some suggestions:

- Adjust your diet – at this point, there is no specific diet for multiple sclerosis, but you can still modify it. Instead of junk food, consume fruits, vegetables, and anti-inflammatory foods. The reason is simple, and multiple sclerosis is an inflammatory condition
- Exercise – it would be ideal to get about 30 minutes of physical activity a day
- Get vitamin D – deficiency in the sunshine vitamin can contribute to the onset of MS and its progression
- Quit smoking – smoking cigarettes is considered one of the most significant environmental factors that are closely related to MS risk and it could increase damage to the brain in patients who have this condition
- Manage stress – as mentioned above, stress plays a role in MS flare-ups, so you need to find the best way to manage it and relax

### **Conclusion**

Bioresonance therapy provides a noninvasive and pain-free opportunity to manage MS. The therapy helps alleviate pain, manage stress, and establish a balance in the body that is needed for healing.

### **Category**

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