



NASA Research Supports PEMF Therapy, Find Out How

Description

The *National Aeronautics and Space Association* (NASA) was founded in 1958 and is focused on a better understanding of our planet, exploring bodies throughout the Solar System, and it develops and uses new technology to explore space in order to help us gain more knowledge and whatnot. For decades NASA has been working on missions in space where a number of astronauts participated. Spaceflights seem super amazing to us, but they do come with some health concerns. To counter those effects, NASA worked on studies that would help them find a way to improve astronauts' health, and their latest study will also make every PEMF therapy fan happy. It will also inspire all those people who haven't tried this therapy to schedule a meeting and do it today.

Do astronauts really have health problems?

Yes, of course, they do. According to NASA, going from one gravity field to another can be quite stressful for our body. Many astronauts experience [health problems](#), such as:

- Lack of sleep
- Inflammation
- Impaired blood flow
- Flu-like symptoms
- Weak immune system
- Heart-related problems
- Vision and hearing loss
- Kidney stones
- Fatigue
- Pain in muscles and joints

Let's not forget that astronauts are also [exposed to radiation](#). When they come back to Earth, their bodies need to adapt, which is easier said than done. That's the reason why NASA tried to find a way to lessen these health problems.

What did NASA find?

Since its founding, NASA has been dedicated to the advancement of their aeronautics and space missions. As mentioned above, they wanted to explore how to prevent or lessen health risks that astronauts experience during their spaceflights. Many attempts to resolve this failed. Then, they turned to the electromagnetic fields. The [30-page research](#) which was developed over four years was carried out by *Thomas J. Goodwin* and *Lyndon B. Johnson* who described the development of model systems for growing two- and three-dimensional human neural progenitor cells within a culture medium facilitated by a time-varying electromagnetic field.

For the purpose of the study, they used normal human neuronal progenitor cells from three donors. The experiment was supposed to help scientists define electromagnetic fields that would amplify tissue growth and repair.

Years of research yielded positive results. The study showed that the use of Pulsed Electromagnetic Field (PEMF) therapy accelerated growth rate and resulted in better-organized morphology in donor cells over controls. The use of this therapy was also related to greater cell viability. The research showed that PEMF therapy could, indeed, alleviate the most common health problems experienced by astronauts, which also happen to be the most frequent complaints among patients who come to PEMF therapy.

Applications of this study are numerous as electromagnetic fields could also be used for developing tissues for transplantation, moderating neurodegenerative diseases and preventing degeneration, and for the repair of traumatized tissues.

Electromagnetic fields and health

NASA's research also described that changes in electromagnetic fields could affect our health. This isn't such a shocker because the [World Health Organization \(WHO\)](#) also pointed out that exposure to electromagnetic fields and their changes can affect our health as well. Some of the most common symptoms include headache, anxiety, depression and suicidal thoughts and tendencies, nausea, fatigue, and loss of libido.

However, more serious health problems could also occur. Some even claim that Alzheimer's disease and Parkinson's disease could also be associated with disturbances with electromagnetic fields.

Due to the fact that PEMF therapy works to correct the electrical signals in our body in order to allow cells to function properly, it can also help us prevent or manage problems caused by the above-mentioned disturbances.

PEMF therapy to the rescue

Now that you know NASA has also confirmed the beneficial effects of PEMF therapy, you probably feel even more motivated to try it out or to continue if you've already done it. This therapy is ideal for men and women who prefer a natural approach toward good health and wellbeing. Pills are not a solution.

PEMF therapy improves the underlying cause of our health problems, and it doesn't mask the symptoms only like conventional approaches. Another good news is that BICOM has a dynamic magnetic impulse generator which emits the Schumann frequencies during therapy and thereby makes the whole process faster.

Conclusion

NASA embarked on a journey to find the solution to prevent or lessen health hazards that astronauts face in space. After many failed attempts to find something practical, they finally discovered that electromagnetic fields could be of huge help. Their research confirmed the importance and effectiveness of PFEM therapies, but also elucidated how changes in electromagnetic fields can affect our health. Therefore, schedule your PFEM therapy appointment and improve your health in an entirely natural way.

References

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1. Articles

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1. NASA
2. PEMF

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