



REGUMED®

TEST KIT GEMSTONES AND MINERALS



REGUMED®

GEMSTONES AND MINERALS

For testing and therapy purposes
in combination with the
BICOM® bioresonance method

Content

Preface	6
Testing and therapy with the BICOM	6
Diagram of test kit	7
Jewelry stones and charms	8
Chakra and Gemstones	9
Agate	10
Amethyst.....	10
Aquamarine.....	11
Aventurine	11
Azurite	12
Rock crystal	12
Amber	13
Beryl.....	13
Chalcedony, blue	14
Chrysokolla	14
Chrysolite	15
Chrysoprase	15
Citrine.....	16
Diamond	16
Diopase.....	17
Dolomite	17
Fire opal	18
Garnet	18
Hematite.....	19
Heliotrope.....	19
Howlite	20
Jade	20
Jasper, red	21
Carnelian.....	21
Hemimorphite	22
Coral	22
Kunzite, pink, white, purple	23
Labradorite	23
Lapis lazuli	24
Larimar	24

Magnesite	25
Malachite.....	25
White opal	26
Moonstone	26
Onyx	27
Orange calcite.....	27
Ocean jasper	28
Pearl	28
Prasem	29
Smokey obsidian	29
Smokey quartz.....	30
Rhodonite, pink	30
Rhyolite	31
Pink quartz	31
Ruby.....	32
Rutilated quartz	32
Sapphire.....	33
Sardius.....	33
Sardonyx	34
Snowflake obsidian	34
Emerald.....	35
Sodalite	35
Sugilite	36
Tigers eye	36
Topaz	37
Turquoise	37
Tourmaline, green and colorful.....	38
Tourmaline, black	38
Zircon, clear	39
Zoisite	39
Appendix (Excerpt RTI booklet 40)	40

Image sources

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Preface

In this test kit we have put together a varied assortment of minerals and gemstones. These can be used individually for therapy.

When using gemstones for therapy, we focus on the positive effects on the physical, psychological and mental areas. In many ancient cultures as well as in the writings of Ayurveda there are references to the use of gemstones for therapeutic purposes. Even back then, healing tinctures and elixirs were made from gemstones for the treatment of various ailments. Above all, Hildegard von Bingen spread her wealth of experience in gemstone therapy across Europe. Their special effects have therefore been tested by people over many centuries and passed down through generations.

Please note:

The effectiveness of the stones and minerals listed here, on the body and psyche as well as their mental effect, is neither scientifically nor medically proven. The respective descriptions of the alleged healing significance are extracts from published literature and are purely informative. This information is not binding and does not serve as a guide for therapy or diagnosis. It does not replace the professional advice of a doctor or naturopathic practitioner.

Testing and therapy

Testing with the BICOM device

All ampules in this test kit are tested with an **A-program (192.0)** and can be individually included in BICOM therapy.

Therapy with the BICOM device

The possible applications of these ampules are diverse. They can be used in **Channel 2** during indication-related therapy and can also be administered to the patient as individual therapy with an A-program.

Energizing BICOM Chips and BICOM Minerals (Trace Elements)

BICOM Chips and Trace Elements are ideal for storing the frequencies of gemstones for supporting the treatment.

Gemstone water

Another way to use the power of gemstones and minerals is to energize water with these frequencies (description see page 8).

Jewelry stones and charms

The ampules can also be used to recharge existing gemstones contained in jewelry or charms with new energy by using an A-program (196.0). To do this, the corresponding ampule should be placed in the input cup and the gemstone e.g. in the output cup.

Test kit Gemstones and Minerals

GEM 01 Agate	GEM 11 Chrysolite	GEM 21 Howlite	GEM 31 Magnesite	GEM 41 Smokey quartz	GEM 51 Emerald
GEM 02 Amethyst	GEM 12 Chrysoprase	GEM 22 Jade	GEM 32 Malachite	GEM 42 Rhodonite, pink	GEM 52 Sodalite
GEM 03 Aquamarine	GEM 13 Citrine	GEM 23 Jasper, red	GEM 33 White opal	GEM 43 Pink quartz	GEM 53 Sugilite
GEM 04 Aventurine	GEM 14 Diamond	GEM 24 Carnelian	GEM 34 Moonstone	GEM 44 Rutilated quartz	GEM 54 Tigers eye
GEM 05 Azurite	GEM 15 Diopase	GEM 25 Hemimorphite	GEM 35 Onyx	GEM 45 Ruby	GEM 55 Topaz
GEM 06 Rock crystal	GEM 16 Dolomite	GEM 26 Coral	GEM 36 Orange calcite	GEM 46 Rhyolite	GEM 56 Turquoise
GEM 07 Amber	GEM 17 Fire opal	GEM 27 Kunzite, pink, white, purple	GEM 37 Ocean jasper	GEM 47 Sapphire	GEM 57 Tourmaline, green and colorful
GEM 08 Beryl	GEM 18 Garnet	GEM 28 Labradorite	GEM 38 Pearl	GEM 48 Sardius	GEM 58 Tourmaline, black
GEM 09 Chalcedony, blue	GEM 19 Hematite	GEM 29 Lapis lazuli	GEM 39 Prasem	GEM 49 Sardonyx	GEM 59 Zircon, clear
GEM 10 Chrysocola	GEM 20 Heliotrope	GEM 30 Larimar	GEM 40 Smokey obsidian	GEM 50 Snowflake obsidian	GEM 60 Zoisite

Application of gemstones and minerals

Gemstone water

To do this, place a glass container with still, mineral-rich water on an output applicator (modulation mat, power applicator or multi-coated hand applicator). It is also possible to hang the gold finger, connected by a red cable, in the container.

Input cup: Mixture of ampules

Program recommendations:

A tested A-program (196.0 or 198.0) or the **program sequence "Stabilization A" 10327 according to Marcel Riffel**. According to the latest findings, this chain is most effective because it contains all frequency ranges.

Examples for mixing ampules

Wellness Amethyst Pink quartz Rock crystal	Inner Balance Sodalite Rock crystal Chalcedony Agate	In Love Pink quartz Rock crystal Garnet	Vitality Rock crystal Emerald Hematite
Stay young Aquamarine Rock crystal Aventurine Smokey quartz	Protection & Success Amethyst Rock crystal Tourmaline, black Turquoise	Stay fit Rock crystal Magnesite Jasper, red Hematite	Clean body Rock crystal Jasper, red Howlite
Weightloss Magnesite Rock crystal Jasper, red Smokey quartz	Beauty Amethyst Aventurine Pink quartz	Inner Clarity Aquamarine Rock crystal Emerald	Be happy Rock crystal Jade Carnelian Orange calcite
Ayurveda Amethyst Rock crystal Garnet Carnelian	Creativity Amber Diopase Lapis lazuli Carnelian	Inspiration Chalcedony Lapis lazuli Fire opal Smokey obsidian	Stability Agate Dolomite Sardonyx

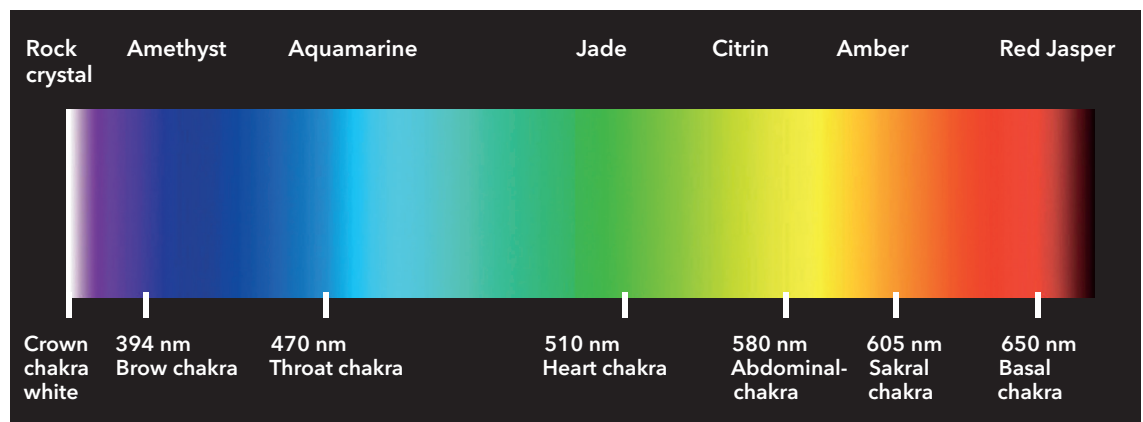


Gemstone mix for wellness: Amethyst, Pink quartz and Rock crystal

Chakra and gemstones

Each chakra corresponds to certain healing stones.

The chakras are assigned to certain vibrational frequencies. They can be addressed by sound vibrations or sound frequencies, e.g. by singing bowls, or by color frequencies of light. Chakras can also be stimulated with gemstones. This activation or reactivation occurs by creating a resonance with the frequencies of the stone.



The main chakras and their corresponding gemstones

Further application possibilities

In addition, we would like to introduce you to some possible applications from experienced BICOM therapists.

For this purpose you will find extracts from our RTI Congress Paper No. 40 in the appendix

- 1. Modern chakra therapy (incl. therapy scheme for pranathrapy)**
by Dr. med. Jürgen Hennecke
- 2. Endocrine glands – energetic connections and therapy options**
by Dr. med. Sabine Rauch

Agate

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Gray blue, brown, red, yellow

Healing – alleged meaning:

SOMATIC

- harmonizing, regenerating, recovery
- stimulates tissue detoxification
- supports the immune system
- supports digestive and excretory organs
- helps with acne and pimples
- for pregnancy complications
- for toxins from animal bites

PSYCHIC

- gives the feeling of being safe, protected and secure
- helps with feeling inward and looking inward
- provides security and independence
- resolves doubts and worries
- helps with feeling independent from other people
- helps to find pragmatic solutions without being too distracted

MENTAL

- promotes logical-rational thinking, concentrating on the essential and the avoiding of distractions



Amethyst

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Purple

Healing – alleged meaning:

SOMATIC

- pain-relieving, tension-relieving
- supports the intestines, lungs and skin (functional circuit according to TCM)
- improves intestinal flora
- improves skin appearance (especially in acne)
- for lice and spider bites

PSYCHIC

- helps with working and learning in a disciplined and concentrated way
- awakens interest, thirst for knowledge and a willingness to learn
- resolves old patterns and old anger
- room cleaning, when used as druse

MENTAL

- promotes mental alertness
- increases the ability to concentrate



Aquamarine

Crystal system: Hexagonal • Mineral class: Ring silicates

Color: Green to light blue

Healing – alleged meaning:

SOMATIC

- provides support with autoimmuneological dysregulations (hay fever, skin symptoms ...)
- strengthens the eyes and vision
- regulates the thyroid gland and the endocrine system (general functional circuits)
- improves the intestinal flora
- improves the appearance of the skin (especially acne)
- helps with the removal of scars
- strengthens the voice (e.g. in case of hoarseness)

PSYCHIC

- supports the achievement of goals
- motivates and gives energy
- helps with being solution-oriented and risk-conscious
- helps to work through resistance in a disciplined manner

MENTAL

- clarifies confusion and supports the achievement of goals
- stimulates the creation of order and the closing of open spaces



Aventurine

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Green, shimmering

Healing – alleged meaning:

SOMATIC

- relieves allergic dysregulations (especially for skin conditions)
- stimulates the metabolism
- breaks down cholesterol-dependent deposits and therefore protects against vascular calcification
- has a regulating effect on blood pressure
- promotes regeneration of the heart
- has an analgesic effect

PSYCHIC

- helps with central alignment and strengthens self-determination
- helps with patience and calms anger
- gives the courage to live, helps with sadness

MENTAL

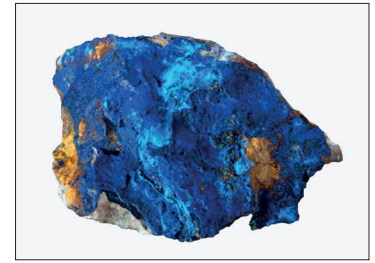
- strengthens the acceptance of other opinions
- helps with reaching own goals and following dreams



Azurite, blue

Crystal system: Monoclinic • Mineral class: Carbonates

Color: Azure blue



Healing – alleged meaning:

SOMATIC

- liver stimulating, detoxifying
- has a positive effect on the nervous system
- stimulates brain and nerve activity
- has an effect on the ability to concentrate as well as on blockages
- regulates the arterial supply to the brain, improves the supply of the brain
- supports the musculoskeletal system by helping the growth process and strengthening bones and joints

PSYCHIC

- helps to dissolve behavior patterns
- helps with expressing oneself
- supports the aura and the sense of space
- helps with overexcitability, anxiety, emotional coldness
- neutralizes negative feelings

MENTAL

- makes one very critical, thoughtful
- promotes awareness and self-knowledge

Rock crystal

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Clear



Healing – alleged meaning:

SOMATIC

- provides support with inflammations and allergic dysregulations
- relieves pain and inflammatory / allergic skin symptoms (blisters, sunburn, itching ...)
- regulates blood circulation and protects the coronary arteries from calcification
- strengthens the metabolism and fat digestion
- supports the nervous system, especially with vegetative dystonia caused by stress
- helps with the removal of scars and skin diseases
- harmonizes the brain hemispheres
- helps in cases of parasitic stress

PSYCHIC

- releases energetic blockages and therefore helps to provide positive energy
- supports in the case of addiction, helps with stepping out of the victim role and stopping (harmful) actions which go against reason
- gives clarity and strength

MENTAL

- brings self-knowledge
- helps to overcome supposed mental boundaries

Amber

Crystal system: Amorphous • Mineral class: Organic stones

Color: White, golden yellow brown, red

Healing – alleged meaning:

SOMATIC

- popular stone for teething problems in small children
- useful for all skin diseases (psoriasis, pimples, warts ...) and allergic dysregulations
- has a soothing effect on bone and joint diseases (especially those with an inflammatory aspect)
- strengthens the immune system and protects against flu-like illnesses
- regulates the metabolism and the interaction of the digestive organs
- regulates hormonal balance, menstruation and menopause
- helps with stomach, spleen and kidney problems
- helps with urinary retention

PSYCHIC

- as a so-called sun stone it has an effect on the mind and supports a zest for life
- gives more drive and carefreeness and therefore helps against depression
- stabilizes and helps to make positive decisions

MENTAL

- makes one more flexible
- promotes creativity



Beryl

Crystal system: Hexagonal • Mineral class: Ring silicates

Color: Yellow, green, gold, yellow-blue-green, red, clear

Healing – alleged meaning:

SOMATIC

- especially for diseases of the gastrointestinal tract (diarrhea, inflammation, hemorrhoids)
- strengthens the coronary vessels and the heart
- strengthens the eyes, relieves short- and long-sightedness
- helps the skin and nails to regenerate
- detoxifies and stimulates the liver
- balances the autonomic nervous system
- promotes contractions

PSYCHIC

- soothes, especially when travelling and helps against homesickness
- as a chakra stone it supports the opening of the chakras
- stabilizes especially in case of fears, insecurities and depression
- helps with perseverance, setting priorities and focussing on the essential

MENTAL

- promotes security awareness
- stimulates thoughtfulness in the development of all plans



Chalcedony, blue

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: White to light blue

Healing – alleged meaning:

SOMATIC

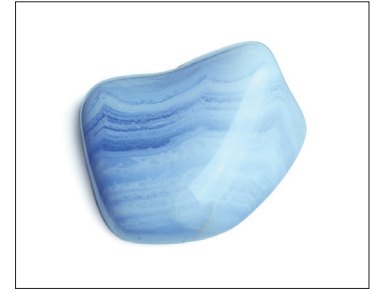
- helps with respiratory diseases
- anti-inflammatory and lowers blood pressure
- strengthens digestion
- improves blood circulation, stimulates lymph flow
- regulates the hormone system and supports the sexual organs

PSYCHIC

- gives self-confidence, calmness, lightness
- strengthens understanding and reason
- improves social interaction and the ability to relate
- activates and dynamizes
- helps with coming out of one's shell and communication
- alleviates anger and fears (e.g. diffuse fears, fear of exams, fear of failure)

MENTAL

- increases creativity and openness for inspiration
- promotes the gift of speech as "the stone of speakers"



Chrysocolla

Crystal system: Monoclinic • Mineral class: Ring silicates

Color: Green to turquoise

Healing – alleged meaning:

SOMATIC

- supports the locomotor system in regards to back pain as well as during the growth phase
- strengthens the healing of cuts and abrasions
- supports both the mother and growing child during pregnancy
- harmonizes the hormonal system and especially the thyroid gland
- reduces fever, relaxes and relieves cramps

PSYCHIC

- calms and balances
- helps with anxiety disorders
- alleviates feelings of guilt
- strengthens intuition

MENTAL

- helps with keeping a clear head in all situations
- promotes neutrality



Chrysolite

Crystal system: Rhombic • Mineral class: Island silicates

Color: Colorless, bottle green, olive green, green-yellow

Healing – alleged meaning:

SOMATIC

- strongly detoxifying and liver stimulating
- stimulates the metabolism
- strengthens the immune system
- helps with skin problems/warts
- for stomach ailments and fever

PSYCHIC

- calms and gives hope
- dissolves burdens and feelings of guilt
- helps to unload accumulated anger and rage
- helps with admitting and forgiving mistakes

MENTAL

- increases awareness of failures
- consolidates knowledge that comes from the heart (according to Hildegard v. Bingen)



Chrysoprase

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Apple green

Healing – alleged meaning:

SOMATIC

- has a strong detoxifying and liver stimulating effect
- soothes skin diseases
- promotes fertility in women
- supports blood circulation and strengthens the vessels
- helps with varicose veins and inflamed veins
- strengthens the heart, prevents angina pectoris, stroke and high blood pressure
- reduces edema
- supports the sexual organs
- helps with gout

PSYCHIC

- calms and gives hope, dissolves feelings of guilt
- helps with nightmares and anxiety at night
- strengthens basic trust and gives security
- eases jealousy, lovesickness and anger

MENTAL

- helps to free oneself from compulsive actions and thought patterns
- makes one quick-witted



Citrine

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Yellow-orange, golden brown, transparent

Healing – alleged meaning:

SOMATIC

- regulates the blood sugar level by influencing insulin production
- can be supportive in the early stages of diabetes
- strengthens digestion
- promotes the function of the stomach, spleen and pancreas
- improves blood circulation

PSYCHIC

- activates and dynamizes
- helps one to come out of their shell
- alleviates fears (e.g. diffuses anxiety, fear of exams, fear of failure)
- lets feelings mature

MENTAL

- clarifying stone, strengthens sensitive people in their endurance and strength



Diamond

Crystal system: Cubic • Mineral class: Natural elements

Color: Clear, pink, yellow, green, blue

Healing – alleged meaning:

SOMATIC

- promotes the cleansing processes of the body
- releases blockages
- strengthens the elimination organs and loosens deposits (supports with fasting)
- helps to dissolve kidney and bladder stones
- regulates the cardiovascular system
- regulates the hormonal system, balances the cholesterol level
- regenerates the nerves
- supports the eyes and vision
- supports sexual organs and many glands

PSYCHIC

- helps a lot in protecting the aura
- strengthens the ability to relate
- strengthens the ability to remember
- helps with perseverance and assertiveness
- supports with living and managing with emotions
- solves fears and helps to overcome crises

MENTAL

- helps with understanding the consequences of one's own actions
- promotes logical and structured thinking



Diopase

Crystal system: Trigonal • Mineral class: Ring silicates

Color: Dark green

Healing – alleged meaning:

SOMATIC

- analgesic, antispasmodic
- helps with chronic headaches
- stimulates the regenerative capacity of the liver
- helps with venereal diseases
- raises potency and increases sexual power
- protects the airways
- helpful for eye diseases

PSYCHIC

- promotes mental self-confidence
- helps to reduce envious feelings

MENTAL

- stimulates the imagination, increases creativity
- contributes to the development of personality



Dolomite

Crystal system: Trigonal • Mineral class: Carbonates

Color: Brown, red, white, yellowish to transparent

Healing – alleged meaning:

SOMATIC

- stimulates calcium and magnesium metabolism and keeps them in balance
- has a stabilizing effect on health, heart and circulation
- supports, especially in case of allergic dysregulations, which show up on the skin
- helpful for infections and fungal diseases of the skin
- supports the sexual organs and hormone glands
- relaxes and is antispasmodic
- strengthens the liver, spleen and cells

PSYCHIC

- cleans and clarifies
- helps to "ground" oneself
- gives energy and vitality
- helps to find and live the rhythm of life
- regulates anxiety and reduced self-confidence

MENTAL

- promotes alertness, endurance, determination and pragmatic thinking



Fire opal

Crystal system: Amorphous • Mineral class: Oxides

Color: Red, orange, yellow

Healing – alleged meaning:

SOMATIC

- promotes blood circulation in the case of circulatory diseases and dizzy spells
- warms up the organism, stimulates adrenaline production
- helps with lack of energy, tiredness, exhaustion and slightly depressive moods
- acts on the spleen, kidneys, intestines and heart
- regulates the hormone flow
- stimulates blood circulation of the sexual organs, increases the feeling of pleasure
- helps with frigidity and potency problems

PSYCHIC

- helps with following the impulses of the moment
- helps to act instinctively right, increases enthusiasm
- allows for greater physical and mental mobility
- strengthens a trust in life and in oneself, but also helps with respecting other people and individuals

MENTAL

- promotes creativity
- increased responsiveness



Garnet

Crystal system: Cubic • Mineral class: Island silicates

Color: Red, pink, orange, yellow, green-brown to black

Healing – alleged meaning:

SOMATIC

- supports wound healing
- has a haemostatic effect
- supports the absorption of iron in the small intestine
- strengthens the physical performance
- stimulates the metabolism
- regulates the blood pressure
- strengthens the entire blood circulation and potency

PSYCHIC

- helps with overcoming bad habits
- helps to release blockages
- stabilizes after loss, "the stone of grief"

MENTAL

- helps to get away from old ideas and conceptions and to start something new
- supports with staying "flexible" in life



Hematite

Crystal system: Trigonal • Mineral class: Oxides

Color: Metallic gray

Healing – alleged meaning:

SOMATIC

- assists with injuries
- acts on the cardiovascular system
- supports the formation of red blood cells and the absorption of oxygen by the cells
- promotes iron absorption in the intestines
- strengthens the liver, spleen and the cells

PSYCHIC

- brings vitality and dynamics into one's life
- strengthens will and endurance
- promotes determination and spontaneity

MENTAL

- draws attention to one's basic needs
- helps to "ground" oneself
- increases the joy of life



Heliotrope

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Green with red and yellow inclusions

Healing – alleged meaning:

SOMATIC

- helpful for inflammatory processes
- strengthens the immune system
- treatment of rheumatic diseases

PSYCHIC

- enhances concentration and calms
- helps one to express one's feelings better
- helps one to "stay with themselves"
- supports the psyche during stress
- helps one to face reality
- provides stability in times of crisis

MENTAL

- helps to keep control in every situation
- helps to protect and distinguish against undesirable influence



Howlite

Crystal system: Monoclinic • Mineral class: Island silicates

Color: Matt white to ivory with gray-brown inclusions

Healing – alleged meaning:

SOMATIC

- supports the connective tissue
- helps with balance problems
- supports detoxification and fluid retention
- diuretic effects
- balances the calcium balance
- soothes stomach acidity
- positive effect on bones, joints, nails and teeth

PSYCHIC

- helps to reduce pain, stress and anger
- has a calming effect on people who tend to have a violent temper
- supports during stress
- neutralizes negative energies

MENTAL

- strengthens judgement and memory
- promotes the control of one's own actions



Jade

Crystal system: Monoclinic • Mineral class: Chain silicates

Color: Whitish green, lilac-violet (lavender jade)

Healing – alleged meaning:

SOMATIC

- slightly antispasmodic
- supports in the case of bladder and kidney diseases
- promotes wound healing
- detoxifies, balances water, salt and acid-base balance
- stimulates the nervous system and adrenal glands

PSYCHIC

- has a balancing effect
- supports with grief and brooding
- promotes a sense of responsibility
- helps one to "stay with themselves"
- increases creativity and an eagerness to act
- supports creative dreaming, solves nightmares

MENTAL

- promotes self-realization and drive
- stimulates the fast implement of decision-making



Jasper, red

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Red with white inclusions

Healing – alleged meaning:

SOMATIC

- stimulates circulation and energy flow in the body
- helps with diseases of the sexual organs
- supports digestive and intestinal problems
- has a strongly harmonizing effect on negative vibrations in the body

PSYCHIC

- strengthens courage, readiness for conflict, willpower
- brings inner harmony, satisfaction, understanding

MENTAL

- supports one in coping with unpleasant tasks
- encourages imagination and helps to implement ideas and pursue goals



Carnelian

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Red, orange, yellow, brown

Healing – alleged meaning:

SOMATIC

- promotes wound healing
- supports the absorption of minerals and nutrients and improves blood quality
- stimulates the metabolism
- promotes the blood circulation of organs and tissues
- relieves rheumatic complaints
- has a soothing effect on pain (e.g. headaches, backaches, bruises)
- supporting for obstetrics (according to Hildegard v. Bingen)

PSYCHIC

- helps to take responsibility
- helps with fears and low self-confidence
- lifts emotion

MENTAL

- promotes creativity
- brings a sense of reality to confusion



Hemimorphite

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Colorless, white, light blue, dark green, gray, brown

Healing – alleged meaning:

SOMATIC

- helps with eye diseases
- has a supportive effect on inflammation
- supports the skin (eczema, warts, sunburn, burns)
- promotes tissue regeneration after surgery
- has a drying effect

PSYCHIC

- promotes self-confidence
- helps to pursue your own goals
- helps to recognize external influences
- helps to reduce aggression
- supports the endurance with sticking to a diet

MENTAL

- strengthens character
- helps to build up positive character traits - promotes self-esteem



Coral

Crystal system: Trigonal • Mineral class: Calcites, organic

Color: Gray, white, pink, red

Healing – alleged meaning:

SOMATIC

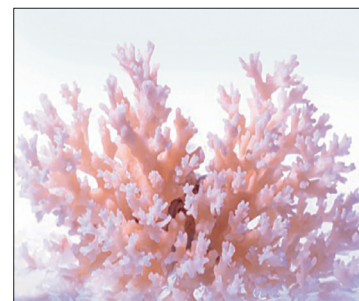
- helps with shortness of breath, bronchial spasm and coughing
- supports the meridian system
- has a soothing effect on infections, circulation problems and menstrual problems
- stimulates blood formation
- lowers blood pressure
- helps with fragile bones
- activates the basal chakra and all energy centers in the body

PSYCHIC

- relieves inner restlessness and anxiety
- reveals weaknesses

MENTAL

- harmonizes relationships
- Ancient times: should protect the wearer from the "evil eye"



Kunzite, pink, white, purple

Crystal system: Monoclinic • Mineral class: Chain silicates, Spodumene family

Color: Pink to pink violet

Healing – alleged meaning:

SOMATIC

- relieves tension in the heart area
- helps with joint problems
- harmonizes the hormone balance and the function of the thyroid gland

PSYCHIC

- reduces inner resistances
- helps to empathize with the needs of others
- helps with mood-lifting
- helps with depression

MENTAL

- promotes tolerance towards oneself and others
- combines logic with inspiration and intuition



Labradorite

Crystal system: Triclinic • Mineral class: Framework silicates, Feldspar family

Color: Gray, green, black with bright iridescent colors

Healing – alleged meaning:

SOMATIC

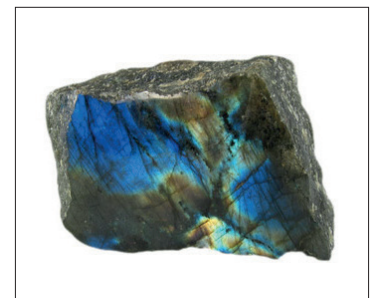
- supports with the treatment of allergic skin and respiratory diseases
- supports the skeletal system
- alleviates sensitivity to weather and cold
- supports with rheumatic complaints
- supports with gout
- lowers blood pressure

PSYCHIC

- supports with restful sleep
- helps with fears, mistrust, emotional coldness
- supports with perceiving feelings
- reduces jealousy, helps to achieve tolerance

MENTAL

- increases creativity and imagination
- helps to dissolve karmic burdens



Lapis lazuli

Crystal system: Cubic • Mineral class: Framework silicates

Color: Colorless, white, light blue, light green, gray, brown

Healing – alleged meaning:

SOMATIC

- supports the treatment of colds
- lowers blood pressure and has an anti-inflammatory effect
- provides support for menstrual problems
- regulates the glandular system
- supports sight and hearing
- helps with the treatment of headaches, weather sensitivity and sciatica

PSYCHIC

- strengthens the conscience
- helps to dissolve entrenched patterns of behavior
- helps to express oneself
- helps with overexcitability, anxiety, emotional coldness

MENTAL

- promotes imagination and a sense of space
- has an invigorating effect and promotes concentration



Larimar

Crystal system: Triclinic • Mineral class: Chain silicates

Color: White, light blue

Healing – alleged meaning:

SOMATIC

- builds up the self-healing powers of the body
- stimulates the brain activity
- soothes sore throats and tonsils
- strengthens the bones and promotes the growth of children
- can relieve asthma and anxiety
- releases energetic blockades

PSYCHIC

- helps with shaping one's own life
- helps to accept one's own body and the given situation
- helps with homesickness and wanderlust
- strengthens self-discipline
- reduces feelings of inferiority
- brings inner peace in cases of intense stress

MENTAL

- helps to increase one's own mental space or to occupy it
- supports reflection and finding creative solutions



Magnesite

Crystal System: Trigonal • Mineral Class: Carbonates

Color: White, grey, yellow, brown, often marbled

Healing – alleged meaning:

SOMATIC

- has a dilating effect on arterial vessels
- activates fat metabolism, lowers the cholesterol level
- promotes magnesium metabolism, has an antispasmodic effect
- inhibits blood coagulation and reduces the formation of thrombosis
- detoxifies, antispasmodic, muscle relaxing

PSYCHIC

- improves concentration, suitable for hypersensitive, irritable and people who react violently
- conveys calmness and relaxation
- fights fear, pressure and nervousness
- helps to alleviate emotional upsets
- stimulates unconditional love and passion
- derives negative feelings
- helps against disappointment in the case of unfulfilled expectations

MENTAL

- promotes the ability to listen and to take a step back



Malachite

Crystal system: Monoclinic • Mineral class: Carbonates

Color: Light to dark green banded or marbled

Healing – alleged meaning:

SOMATIC

- helpful in gynecology
- antispasmodic effects
- promotes liver activity
- detoxifies, supports with biliary colics
- supports the thyroid gland
- soothes rheumatism
- facilitates the deacidification of the tissue
- stimulates nerve and brain activity

PSYCHIC

- supports treatment of psychosomatic diseases
- promotes concentration
- helps you to become aware of your feelings, wishes and desires

MENTAL

- strengthens imagination and powers of observation
- helps with arrogance and pride



White opal

Crystal system: "Quasi-amorphous" • Mineral class: Oxides

Color: White, cream, iridescent

Healing – alleged meaning:

SOMATIC

- has a positive effect on the digestive system, blood and skin
- generally beneficial to health

PSYCHIC

- beneficial for the soul, helps with inner joy
- makes one more open and accommodating
- can relieve depression
- promotes properties like: acceptance, sense of community and communication skills
- promotes self-realization

MENTAL

- enables the forming of stronger opinions
- "the stone of the joy of life"



Moonstone

Crystal system: Monoclinic • Mineral class: Framework silicates, Feldspar family

Color: Gray, brown milky white

Healing – alleged meaning:

SOMATIC

- regulates the hormone system
- supports the pineal gland
- promotes female fertility
- treats menopausal symptoms
- helps with Osteoporosis

PSYCHIC

- calms
- compensates
- supports emotional balance
- helps to gain access to the subconsciousness

MENTAL

- increases intuition
- soothes lunatism



Onyx

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Black

Healing – alleged meaning:

SOMATIC

- stimulates blood circulation
- supports treatment of the eyes
- provides support with tinnitus, hearing loss, balance disorders
- helps with cramps
- good for skin, hair, nails
- promotes wound healing and scar formation
- strengthens the immune system in case of susceptibility to infections
- sharpens the sense of hearing

PSYCHIC

- supports with fears, sadness and melancholiness
- helps to assert oneself confidently

MENTAL

- makes one sober and realistic
- promotes concentration and discipline



Orange calcite

Crystal system: Trigonal • Mineral class: Carbonates

Color: Dark to yellow-orange, transparent

Healing – alleged meaning:

SOMATIC

- strengthens the bone structure
- ensures a peaceful sleep
- beneficial for the mental development of children and adults
- positive effect on muscles, connective tissue, spleen, stomach and kidneys

PSYCHIC

- helps with gaining more self-confidence and intuition
- strengthens optimism

MENTAL

- can strengthen the memory
- has a calming effect, protects against nightmares



Ocean jasper

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Multicolor, gray, beige, orange, red, brown

Healing – alleged meaning:

SOMATIC

- promotes digestion and detoxification
- beneficial for regeneration and cell renewal
- has a regulating effect on heat balance
- good for the immune system and skin
- helpful with colds

PSYCHIC

- makes one more resilient and relaxed
- helps to solve conflicts

MENTAL

- lets one look with the "eyes of the heart"



Pearl

Crystal system: Rhombic • Mineral class: Carbonates

Color: Pearl white

Healing – alleged meaning:

SOMATIC

- helpful in gynecology and obstetrics
- supports with chronic headaches, migraines and fever
- supports the teeth
- supports weather sensitivity

PSYCHIC

- helps to process traumatic memories
- helps to develop and practice self-love
- helps to solve unresolved conflicts

MENTAL

- has a balancing effect on mental exhaustion
- supports in case of nightmares



Prasem

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Leek green

Healing – alleged meaning:

SOMATIC

- helps with fever and bruises (according to Hildegard von Bingen)
- helps swellings and bruises to subside faster
- soothes burning skin reactions
- alleviates influence from radiation like sunburn and heat stroke

PSYCHIC

- promotes self-discipline and self-determination and can bring peace and balance
- contributes to the resolution of conflicts or tensions
- brings back consciousness and helps one to keep control
- suitable stone for people with many obligations and who are threatened with stress as a result
- helps especially with a quick-tempered temperament

MENTAL

- helps one to maintain control, even with strong emotional reactions



Smokey obsidian

Crystal system: Trigonal - Mineral class: Oxides, Quartz group

Color: Light to dark brown

Healing – alleged meaning:

SOMATIC

- relieves tension and pain
- supports the nervous system
- supports with exposure to electrosmog, radiation influences
- helps with scar removal
- supports with addiction cessation

PSYCHIC

- supports in overcoming psychological injuries
- supports the memory

MENTAL

- promotes concentration
- supports pragmatic considerations
- strengthens willpower



Smokey quartz

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Light to dark brown

Healing – alleged meaning:

SOMATIC

- relieves tension and pain
- supports the nervous system
- supports with exposure to electrosmog, radiation influences
- helps with scar removal
- supports with addiction cessation

PSYCHIC

- supports in overcoming psychological injuries
- supports the memory

MENTAL

- promotes concentration
- supports pragmatic considerations
- strengthens willpower



Rhodonite, pink

Crystal system: Triclinic • Mineral class: Chain silicates

Color: Pink

Healing – alleged meaning:

SOMATIC

- supports the healing of wounds
- heals suppurations
- helps to channel toxins away from the tissue (insect bites)
- strengthens the heart and circulation
- supports regeneration processes in the body

PSYCHIC

- resolves shocks and helps with fear, confusion and panic
- "first aid stone"
- helps to heal old wounds

MENTAL

- enables mutual understanding, strengthens friendship
- gives strength during tests and under performance pressure
- promotes serenity



Rhyolite

Crystal system: Trigona • Mineral class: Silicates, Oxides

Color: White, gray, green, reddish with colored inclusions

Healing – alleged meaning:

SOMATIC

- strengthens resilience
- strengthens and protects the organs
- helps with skin diseases, hardened tissue and calculus formation
- harmonizes the nervous system

PSYCHIC

- strengthens self-esteem
- has an emotional balancing effect
- prevents overreactions and fluctuations in feelings

MENTAL

- clarifies the current mental state
- makes one conscious of their needs



Pink quartz

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Pink

Healing – alleged meaning:

SOMATIC

- supports chronic sleep disorders
- supports infertility and sexual unwillingness (treatment of the sexual organs (testicles, uterus))
- supports blood circulation

PSYCHIC

- supports in case of a lack of self-confidence and argumentativeness
- helps one to stand up for themselves and their feelings
- supports a harmonious climate
- helps with homesickness and longing

MENTAL

- strengthens empathy
- helps one to become free from worries
- strengthens the ability to distinguish (sympathy/antipathy)



Ruby

Crystal system: Trigonal • Mineral class: Oxides, Corundum family

Color: Red

Healing – alleged meaning:

SOMATIC

- stimulates the spleen, adrenal glands and circulation
- activates blood, blood formation and blood vessels
- supports with infectious diseases
- promotes fever as a defensive reaction
- harmonizes the hormonal system, especially the thymus and adrenal glands
- strengthens and activates the bone marrow

PSYCHIC

- brings momentum and movement into one's life
- revitalizes and rejuvenates
- compensates hyperactivity

MENTAL

- increases awakesness, efficiency and activity in thoughts and actions
- promotes passion, "the stone of love"



Rutilated quartz

Crystal system: Trigonal/tetragonal • Mineral class: Oxides, Quartz group

Color: Clear, brown with copper red or gold fibers

Healing – alleged meaning:

SOMATIC

- revitalizes energetically undersupplied areas
- dissolves and relieves long term anxiety in the chest area
- expectorant for colds, asthma and chronic bronchitis
- stimulates cell regeneration
- relieves heart pain and cardiac arrhythmia
- strengthens the skin and promotes hair growth

PSYCHIC

- has a calming, mood-lifting and antidepressant effect
- helps to dissolve repressed fears, promotes self-control
- relieves excessive excitement and inner tension
- provides vitality and self-confidence
- conveys positive visions, new ideas and life concepts to face the future with confidence

MENTAL

- stimulates the pursuit of spiritual freedom and independence
- stimulates creativity



Sapphire

Crystal system: Trigonal • Mineral class: Oxide, Corundum family

Color: Blue, yellow, black, colorless

Healing – alleged meaning:

SOMATIC

- promotes all healing processes
- supports cell communication
- relieves pain
- good for growth of the connective tissue
- lowers blood pressure and has an anti-inflammatory effect
- helpful for intestinal, brain, nerve and skin diseases

PSYCHIC

- has a calming effect
- helps with mental illness

MENTAL

- promotes the thirst for knowledge and insight
- helps one to focus, supports mental growth



Sardius

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Pink

Healing – alleged meaning:

SOMATIC

- promotes contractions, obstetrics
- good for hearing loss
- supports metabolism and digestion
- helpful for asthmatic attacks
- promotes wound healing
- supports the connective tissue and the skin

PSYCHIC

- helps to overcome mental stress
- supports with emotional coldness, anxiety neuroses

MENTAL

- promotes stamina
- sharpens the mind



Sardonyx

Crystal system: Trigona • Mineral class: Oxides, Quartz group

Color: Banded black-white-red-brown

Healing – alleged meaning:

SOMATIC

- relieves asthma attacks, alleviates eye pain
- strengthens all sensory organs and parasympathetic nervous systems
- activates bodily fluids, promotes mineral, nutrient and vitamin uptake
- stimulates cell metabolism and has a regulating effect on the thyroid gland
- prevents relapses after illness through its regenerative power

PSYCHIC

- awakens emotional self-confidence, helps with being able to listen
- helps with mourning and overcoming the mourning phase
- sharpens the perception of all senses
- helps one to bear unpleasant truths
- facilitates the conscious control of sexual urges
- strengthens general self-control

MENTAL

- helps one to get to the point, makes conversations efficient
- helps to implement meaningful solutions



Snowflake obsidian

Crystal system: Amorphous • Mineral class: Oxides

Color: Black with white speckles

Healing – alleged meaning:

SOMATIC

- helps with back pain
- promotes wound healing and strengthens the immune system
- relieves diseases and infections (caused by viruses and fungi)
- relieves muscle inflammation
- strengthens the spine, bone structure and bone marrow
- good for low blood pressure and circulatory problems
- promotes the Yin-Yang balance

PSYCHIC

- releases fears and mental blockages
- strengthens the character and reveals unused strengths
- helps one to face the facts better and helps one to learn from their own mistakes

MENTAL

- improves intuition and spontaneity
- promotes spatial thinking



Emerald

Crystal system: Hexagonal • Mineral class: Ring silicates, Beryl family

Color: Emerald green

Healing – alleged meaning:

SOMATIC

- supports with the treatment of epilepsy and vertigo
- supports the healing of infectious diseases
- acts against phlegm
- promotes healthy sleep
- helpful for inflamed eyes
- supports the treatment of frontal and regular sinusitis

PSYCHIC

- supports in cases of exhaustion, argumentativeness, nervousness and a lack of zest for life
- helps to develop a sense of aesthetics, harmony and beauty
- helps one to move forward and feel joy

MENTAL

- promotes spiritual and artistic growth
- brings clarity, alertness, vision



Sodalite

Crystal system: Cubic • Mineral class: Framework silicates

Color: Dark blue

Healing – alleged meaning:

SOMATIC

- relieves complaints of the throat, larynx and vocal cords
- lowers blood pressure
- has a calming effect on the nervous system
- harmonizes the glandular system

PSYCHIC

- makes one more courageous
- promotes emotional balance
- supports with self-confidence
- helps one to be steadfast and inspiring

MENTAL

- increases awareness and helps one to create order
- strengthens the longing for freedom
- promotes communication
- activates the ability to think logically



Sugilite

Crystal system: Hexagonal • Mineral class: Ring silicates

Color: Purple

Healing – alleged meaning:

SOMATIC

- harmonizes the nerves and cerebral cortex
- helps against symptoms of paralysis
- helpful for epilepsy, dyslexia and motor disorders
- relieves pain
- is used for blood diseases
- eliminates lymph congestion and makes edemas disappear
- helps with scar removal
- activates the entire metabolism and promotes all organ functions

PSYCHIC

- helps with all forms of anxiety and mental disorders
- makes unpleasant things easier to bear and stabilizes when one is overwhelmed by negative feelings
- teaches one to accept changes more easily
- activates the sexual and survival instinct as well as the spirit and a thirst for knowledge

MENTAL

- helps one to find solutions that do not disadvantage anyone and enables conflict to be managed without compromise



Tigers eye

Crystal system: Trigonal • Mineral class: Oxides, Quartz group

Color: Golden brown

Healing – alleged meaning:

SOMATIC

- strengthens the respiratory tract and lungs
- strengthens bones and joints and reduces joint and bone pain
- improves bronchitis and relieves breathlessness during asthma attacks
- helps with tendinitis and knee joint inflammation
- is recommended for fractures
- relieves pain in the abdominal area, headaches and migraines
- strengthens the function of the intestinal tract and digestion
- has a regulating effect on the blood sugar level
- helps with overexcitation of the nerves

PSYCHIC

- helps one to be less influenced by moods and stressful situations
- helps one to recognize and handle potential disturbances very early on
- has a harmonizing effect

MENTAL

- helps with doubts and difficulties with decision-making
- helps one to keep the overview in complicated situations



Topaz

Crystal system: Rhombic • Mineral class: Island silicates

Color: Clear, light blue, brownish

Healing – alleged meaning:

SOMATIC

- supports all metabolic processes
- supports with energy generation and distribution
- treatment of eye diseases (conjunctivitis, cataract)
- supports the pineal gland
- regulates the thyroid gland
- supports the immune system
- helps with spleen problems

PSYCHIC

- supports confidence in one's own potential and abilities
- helps one to accept their own weaknesses
- makes one cheerful

MENTAL

- helps one to take responsibility
- supports with one's personality and authority



Turquoise

Crystal system: Triclinic • Mineral class: Phosphates

Color: Greenish to turquoise

Healing – alleged meaning:

SOMATIC

- regulates the thyroid gland
- supports the treatment of back pain
- helpful in the treatment of hemorrhoids
- has a fever-reducing and antispasmodic effect
- neutralizes overacidification
- soothes rheumatism, gout, stomach problems and viral infections
- detoxifies

PSYCHIC

- helps with mood swings
- supports with nervousness, stuttering, fear of life
- supports one to overcome a victim attitude
- supports with a lack of self-confidence

MENTAL

- promotes intuition and foresight
- helps with keeping alert and motivated



Tourmaline, green and colorful

Crystal system: Trigonal • Mineral class: Ring silicates (and oxides)

Color: Olive green

Healing – alleged meaning:

SOMATIC

- supports the treatment of intestinal diseases (constipation and diarrhea)
- helps with treatment of the digestive organs (especially the liver and pancreas)
- supports the autonomic nervous system
- has a strengthening effect on the heart muscle
- strengthens veins and arteries
- has a vitalizing effect

PSYCHIC

- supports emotional perceptions
- helps to set oneself apart from others

MENTAL

- helps to see a variety of possible solutions in every situation
- "the stone of musicians and comedians"



Tourmaline, black

Crystal system: Trigonal • Mineral class: Ring silicates (and oxides)

Color: Black

Healing – alleged meaning:

SOMATIC

- has a pain-relieving effect on energy blockages of the skin, muscles and locomotor system
- helps to neutralize the effects of radiation and electrosmog
- stimulates the kidneys and detoxifies the body (incl. heavy metals)
- activates the energy flow
- is used for scar correction
- helps with constipation and diarrhoea
- protects against electrosmog

PSYCHIC

- has a relaxing effect and promotes calmness
- relieves stress and protects against external influences

MENTAL

- helps with being sober, clear, logical and rational
- is considered the best protective stone



Zircon, clear

Crystal system: Tetragona • Mineral class: Island silicates

Color: Transparent

Healing – alleged meaning:

SOMATIC

- supports with sight
- complementary in the treatment of eye diseases
- supports with the treatment of gastrointestinal diseases
- has analgesic and antispasmodic effects
- relieves menstrual cramps
- reduces feelings of dizziness

PSYCHIC

- helps with fears and grief
- has a calming effect on emotionally charged people
- supports in the case of inner conflict

MENTAL

- helps to distinguish the essential from the unimportant
- stimulates the development and implementation of ideas



Zoisite

Crystal system: Rhombic • Mineral class: Group silicates

Color: Green

Healing – alleged meaning:

SOMATIC

- helps with complaints of the testicles and ovaries
- detoxifies
- neutralizes hyperacidity and stimulates the regeneration of the cells
- inhibits inflammation and strengthens the immune system
- healing stone for recovery after severe stress and illness

PSYCHIC

- keeps an excessive temperament under control
- helps to overcome resigned and destructive attitudes
- helps to rediscover buried feelings

MENTAL

- helps with creativity
- helps to develop one's own ideas and wishes



Appendix

Modern Chakra therapy – new aspects of therapy for chronically ill patients. In cases of lack of energy, lowered resistance and hormonal imbalance

Dr. med. Jürgen Hennecke, Specialist in General Medicine, and
Simone Maquinay-Hennecke, Bicom Therapist, Aachen, Germany

Introduction

Does this sound familiar? You have been treating a chronically sick patient for months. You have been able to rid him of all his ailments and his symptoms have improved. But now you cannot seem to make any progress. He no longer has any energy, is unable to fight off infections, his hormone system has gone mad and he seems to have lost all interest in life ... High time to retrieve chakra therapy from its esoteric niche and include it, in contemporary form, in your routine therapy.

Meridians and nadi

Ideas from traditional Chinese medicine (TCM) have been successfully integrated into bioresonance therapy for years. We work with energy pathways, the **acupuncture meridians**, according to the principles of 5 element theory and/or the results of energetic testing to activate and harmonise our patients' energy flow. These energy pathways are also described in traditional Indian medicine (in some cases they follow the same course as the meridians), where they are called **nadi**. The 400 or so acupuncture points in the body are located at the place where two nadi intersect. The points where seven nadi intersect give rise to 49 higher "energy centres", also known as lesser chakras. The intersection points of 14 nadi form the 21 most important minor chakras and the sites where 24 nadi intersect the seven main chakras. Bicom therapy via the chakras has a very profound effect on the body's energy flow and acts on the tissues and organs,

either directly or through the nadi/meridian system. Chakra therapy is mainly indicated for disorders of the hormone and immune system, general lack of energy and therapy blocks.

Prana and chi

In TCM vital energy is known as **chi**, while in Indian philosophy it is called **prana**. The main sources of this vital energy are food and breathing. However our energetic field (aura) also needs the vibrations of the (mother) earth and (father) cosmos. The earth's energy enters the body via the root chakra and the foot chakra (start of the kidney meridian). Cosmic energy is absorbed through the crown chakra and the minor chakras in the thorax.

The seven main chakras

Years ago Sissi Karz proposed a chakra therapy which we adapted and passed on in our seminars and which has proved successful for hundreds of patients. The objective is to activate the chakras via frequency patterns involving vibrations from colours and gemstones. To do so all seven main chakras are treated working upwards, regardless of the test result. Contrary to recommendations in the computer manual, the (flexible) input electrode is placed on the coccyx and the magnetic depth probe or the PowerApplikator is positioned on the anterior inlet or outlet of the relevant chakra. A semiprecious stone is placed in the input cup with coloured film over it. Programs in the normal frequency range have proven effective for years and we continue to recommend them.

You will find therapy for the seven main chakras summarised in table 1 (next page). All the endocrine glands are harmonised so we continue to recommend this traditional chakra therapy combined with the Bicom hormone programmes for treating endocrine disorders. Dr Rauch's lecture contains details of the individual main chakras, their associations and therapy versions. Table 1 (next page) shows the therapy programs we tested in the low deep frequency range, which previously were only used in isolated, specially tested cases.

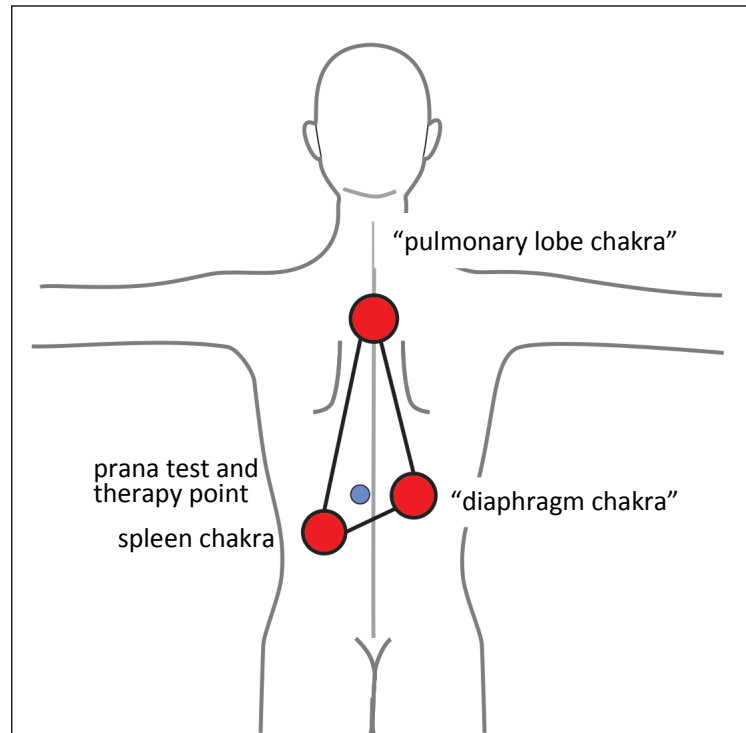


Fig. 1: Spleen chakra and pranic triangle

Important minor chakras

Alongside other areas, important minor chakras are found in the head, shoulders, elbows and hands as well as the hip joints, knees and feet. According to traditional thought, the minor chakras in the thorax play an important part in absorbing and distributing prana. They increase the overall level of energy (vitality) and, at the same time, form an energetic shield protecting us from negative external influences, by stabilising our electromagnetic field (etheric aura). Therapy via the minor chakras is therefore particularly indicated in patients suffering from exhaustion, lack of energy, hypersensitivity and multiple internal and external stresses.

Spleen chakra and pranic triangle (Fig. 1)

The **spleen chakra** is located about one hand's breadth to the left of the spine beneath the costal arch. In Indian medicine it is called suriya (sun) chakra and is closely

associated with the solar plexus and the 3rd main chakra. This is where cosmic energy (from the sun) is absorbed and distributed.

The chakra we call the **pulmonary lobe chakra** lies between the shoulder blades at around the level of thoracic vertebra T3. It is connected with the vagus nerve and is associated with breathing and the intake of prana through the breath.

The chakra we call the **diaphragm chakra** is located some three fingerbreadths to the right of the spine on the right costal arch, slightly above the diaphragm and the spleen chakra. It is possibly connected with digestive function and the absorption of prana through food.

These three minor chakras are linked with one another by a threefold "thread of energy" and form the "**pranic triangle**".

Crown chakra	VII	9.6 Hz	H 4.7	Di 8.0	2 mins
Forehead chakra	VI	9.2 Hz	H 2.4	Di 3.0	2 – 3 mins
Throat chakra	V	7.1 Hz	H 4.5	Di 1.2	3 mins
Heart chakra	IV	5.4 Hz	H 1.2	Di 4.0	6 mins
Solar plexus chakra	III	3.3 Hz	H 1.2	Di 7.0	4 mins
Polarity chakra	II	2.3 Hz	H 1.7	Di 2.0	4 mins
Base chakra	I	1.2 Hz	H 1.5	Di 0.1	4 mins

Table 1: Chakra therapy programs in the low deep frequency range

In kinesiology a test point is used which is located directly to the left of the spine slightly above the spleen chakra (thoracic vertebra T10). Prana energy can be tested here (as a %) by asking questions and used to check how therapy is progressing. Therapy increases the overall energy level and vitality.

Bicom therapy for the Pranic triangle

Input: both feet

Input cup: Larimar

Output: PowerApplikator mid thoracic vertebra T10 (within the pranic triangle, test point)

H+Di; 13.7 Hz; H 2.7; Di 0.05; wobble off, no interval, 6 mins

Will to be healed

A major therapy block in chronically sick patients is reduced "will to live" or, to put it better, readiness to accept therapeutic help and thereby to activate the body's self-healing powers and enable it to heal. In the ethereal body this block is linked to two energetic triangles. The **lower triangle** consisting of the root, sacral and spleen chakra stands for the **physical will to live**. The **upper triangle** is made up of the crown, forehead and throat chakras and represents the **mental, spiritual will to live**. We have observed that it is connected to the alta major chakra.

Alta major chakra

(Fig. 2, bottom of next page)

The alta major (Latin for "great height") chakra, also known as the "mouth of God", is another important minor chakra. It is located in the back of the head as an extension of the medulla oblongata, level with the first two cervical vertebrae. Amongst other things it controls our vital functions (breathing and cardiovascular function) and takes care of the "straightening" and stability of the spine. The alta major chakra is connected to the crown chakra and the so-called "carotid gland", an energy centre near the carotid forks.

The upper energetic triangle

(Fig. 2, bottom of next page)

The spiritual will to live is activated by treating the upper main chakras in the low deep frequency range in the order crown chakra - forehead chakra - throat chakra. The entire upper triangle can also be treated with the following program:

Input: both feet

Input cup: diamond (possibly also rock crystal)

Output: PowerApplikator on alta major chakra (base of skull, back of head)

H+Di; 2.2 Hz; H 1.8; Di 12; wobble off; no interval; 6 mins

The lower energetic triangle

(Fig. 3, next page)

The physical will to be healed is stimulated with therapy programs in the low deep frequency range in the order root chakra - sacral chakra - spleen chakra. The entire triangle can also be activated with the following therapy setting:

Input: both feet

Input cup: black tourmaline

Output: PowerApplikator on right side of the abdomen (to the side and below the navel; alarm point large intestine meridian)

H+Di; 7.8 Hz; H 2.8; Di 1.25; wobble off; no interval; 6 mins

The frequency range corresponds to the Schumann wave, one of the main frequencies of our (mother) earth.

We test thoroughly whether patients need just one of the two energetic triangles treating or whether both are needed. We

often treat both triangles and also the pranic triangle.

Prana therapy

We call the combination of therapy for the pranic triangle and for the upper and lower energetic triangles "prana therapy". We **have primarily used this therapy of the minor chakras** in chronically sick patients who have been receiving bioresonance treatment from us for some time. All patients were initially released from their therapy blocks, allergies and toxic stress in weekly sessions. They then come to the practice, often at intervals of several weeks, to maintain, or further improve, their positive state. "Slotting in" this therapy once or several times has proved effective, especially in acute phases of disease with therapy blocks, lack of energy, tiredness, despondency and new physical and emotional stresses ("energy build-up"). After virtually all prana therapy sessions distinct prints were visible on the footplates which we interpret as a strong detoxification reaction.

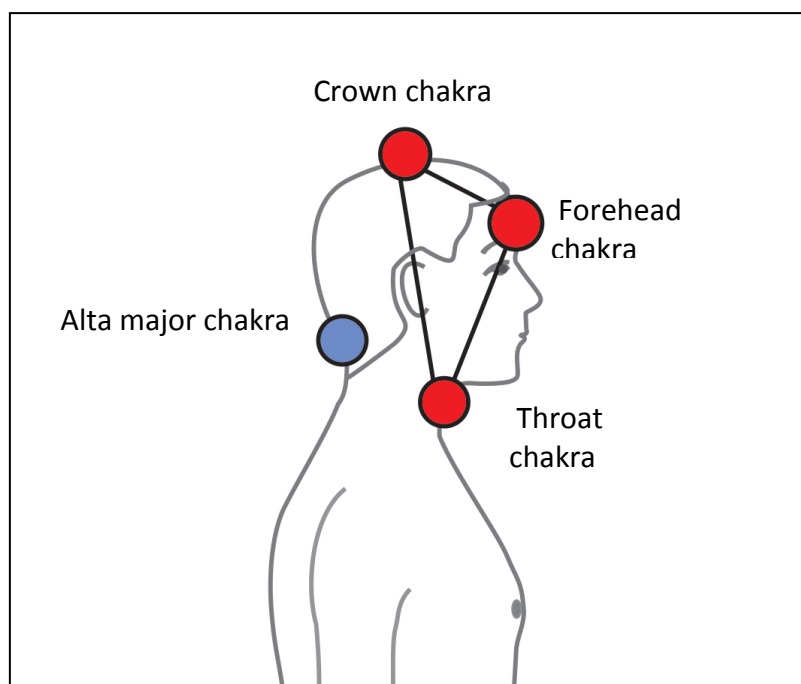


Fig. 2: Alta major chakra and the upper energetic triangle

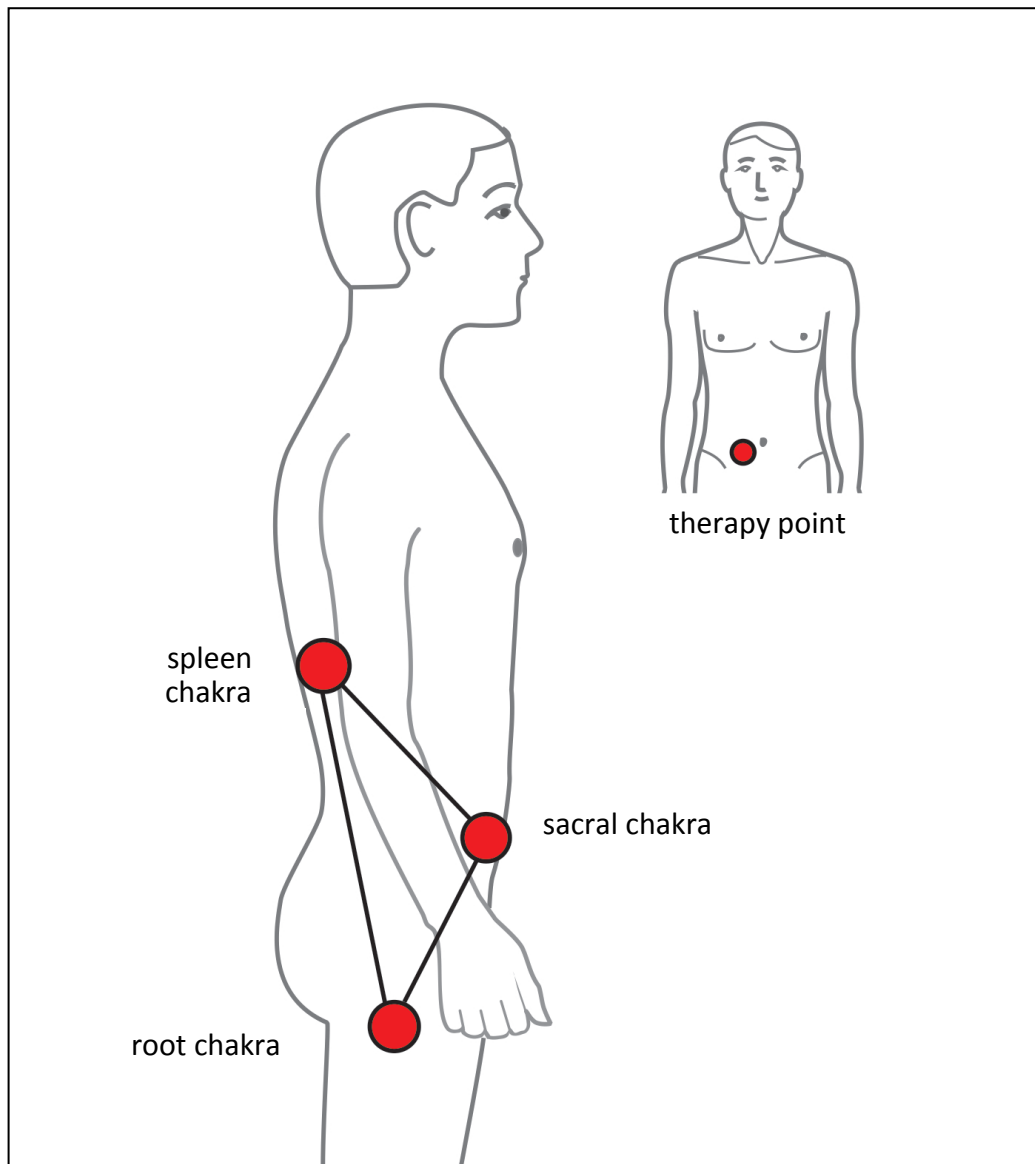


Fig. 3: The lower energetic triangle

Case studies

G.L. female, aged 72, metastasising breast cancer

Status post left mastectomy and radiotherapy (2008), chemotherapy was refused. Generalised bone cancer diagnosed in December 2014. Anti-hormone therapy, mistletoe therapy and pain therapy. She comes regularly for bioresonance therapy (including CTT degenerated cells). Therapy is still proving to be remarkably successful with her blood parameters improving periodically. After prana therapy in December 2015 she felt her energy boosted, more interest in life and was able to handle pain better.

C.L., female, aged 55, chronic polyarthritis, polyarthrosis

Multiple arthritic pain, took anti-inflammatory drugs regularly, functional intestinal problems, improved after Bicom therapy (including wheat). Straight after prana therapy in December 2015 better able to deal with pain, experienced feeling of physical and psychological "ease" and a strong sensation of inner security as regards her life. She copes with the violent conflicts in her family life with more openness, confidence and mental stability. Treatment repeated in January 2016.

P.M., female, aged 58, allergic diathesis, chronic cough

Chronic eczema disappeared after Bicom therapy in 2013. Chronic cough since summer 2015. Testing and treating allergy brought no real success. Following prana therapy in December 2015 marked improvement in coughing fits and overall state of health. Treatment repeated in January 2016.

J.B., female, aged 53, autoimmune disorder with glomerulonephritis, vasculitis, arthritis

Following several months' bioresonance therapy no further arthritic episodes, daily dose of cortisone reduced to 5 mg. Considerable psychological stress at home. Energy boosted markedly following prana therapy.

M.J., female, aged 48, post traumatic stress disorder, chronic cervical syndrome

High levels of stress at home with two daughters going through puberty and a husband suffering from depression. Increased inner calm, confidence and energy following two sessions of prana therapy.

Recommendation

If you have the impression you've reached a therapeutic dead-end with your chronically sick patients, you should consider chakra therapy. If hormonal problems are the main factor, treating the seven main chakras is recommended as they are closely connected to the endocrine glands. We recommend the conventional programs in the normal frequency range or the new programs in the low deep frequency range, depending on testing. If lack of energy, lowered resistance and despondency are the main factors blocking energy, then focus on prana therapy, treating the minor chakras through the pranic triangle and also the upper and lower energetic triangle.

Chakra	Main colour	Minerals	Program	Endocrine system/ Organ	Output
VII crown chakra	white	rock crystal	940 (1 min)	epiphysis	crown of head
VI forehead chakra	violet	kunzite (lilac)	940 (2 min)	pituitary gland	forehead
V throat chakra	blue	azurite chrysocolla	940 (3 min)	thyroid	larynx
IV heart chakra	green/pink	watermelon tourmaline	962 (3 min)	thymus, heart	breastbone
III solar plexus chakra	yellow	citrine	970 (3 min)	pancreas	upper abdomen
II sacral chakra	orange	fire opal	970 (3 min)	gonads	lower abdomen
I root chakra	red	ruby	970 (3 min)	adrenal glands	perineal region

Table 2: Chakra therapy in the normal frequency range

The endocrine glands – energy interrelationships and therapy options

Dr. med. Sabine Rauch, Specialist in General Medicine, Simlångsdalen, Sweden

The endocrine glands are increasingly coming to the attention of modern medicine. For many years, however, their significance tended to be overlooked. The pineal gland, for example, is only now being studied more closely after several decades and its function is still to a certain extent unknown. In ancient Greece, in Rome and in the ancient Indian cultures, however, the endocrine glands played a far greater role.

In ancient Indian medicine, in particular, the endocrine glands are associated with chakras and are extremely important as energy centres and regulating organs.

Therefore my lecture this time relates predominantly to the energetic connections between the individual glands and the chakras, their effect on the whole body from a physical and also emotional and mental perspective and the possible options for therapy with Bicom bioresonance therapy.

Each of the seven chakras is linked with an endocrine gland and transports energy to the particular part of the body in which it is located. Sickness or health, wellbeing or disharmony consequently depend largely on the development or functioning of the chakras as they allow the necessary vital energy (prana) to flow into the particular area of the body and regulate the entire glandular system. Therapy with the Bicom method mainly involves the opportunity to treat energetic blocks in the chakras, and therefore in the endocrine glands, thereby restoring free energy flow within the body. According to ancient theories, development of the individual chakras is dependent on the individual's personal development and cannot therefore be influenced with the

Bicom method. However, the flow of energy along the energy pathways (nadis) between the chakras can be helped by removing blocks.

Suprarenal gland – 1st chakra: root chakra / centre at the base of the spine

Function: The adrenal glands are composed anatomically of the cortex and medulla and are capable of producing over 40 different hormones. The most important of those in the adrenal cortex is the stress hormone cortisol, the levels of which fluctuate throughout the day. The main function of cortisol is to **provide energy** for the body in the form of sugar. In addition cortisol stimulates sugar production from the body's own stores (gluconeogenesis), the breakdown of the body's own sugar reserves (glycolysis) and the breakdown of fat to produce energy (lipolysis). Cortisol also has the effect of subduing the immune system and inhibiting inflammation as well as increasing the action of other stress hormones (e.g. adrenalin). The amount of cortisol released is regulated by the pituitary gland. The pituitary gland produces the hormone ACTH (adrenocorticotropic hormone) which stimulates the adrenal glands to release hormones. The adrenal cortex also produces hormones to regulate the mineral and water balance (aldosterone) and sex hormones (androgens, oestrogens, progestogens) and controls the temperature balance and blood circulation.

The adrenal medulla consists largely of nerve cells. Unlike other nerve cells, the transmitters produced here are released into the blood as hormones. These hormones (adrenalin, noradrenalin)

produced in the adrenal medulla are released in stressful situations, provide energy and activate a number of organ systems (increasing heart rate, breathing rate and blood pressure, tensing skeletal muscles). The adrenal hormones are regulated by the hypothalamic-pituitary-adrenal axis.

Significance in energy medicine

Central themes: **will to live, survival ("fight or flight"), self-preservation instinct**, connection to the earth, basic trust, instinct, assertiveness, safety and security, stability, confidence, self-assertion, endurance, source of vitality

Element: earth (Ayurveda), water (TCM)

Meridian association (TCM): kidneys; Ren Mai, YIN Qiao Mai, Du Mai, YANG Qiao Mai (extraordinary meridians)

Sensory function: smell

Relation to teeth: 1.1, 1.2, 2.1., 2.2, 3.1, 3.2, 3.8, 4.1, 4.2, 4.8

Physical aspects: physical stability, stress management, excretions, pelvic floor, spine, skeletal system, bones, sciatic nerve, teeth, nails, anus, rectum, large intestine, legs, feet, lower body, blood structure and cell structure

Harmony pattern: will to live, healthy self-assurance and basic trust, material satisfaction, coping with mission in life, good sense of own needs, feeling of safety and security, deep attachment to the earth and nature

Disharmony pattern

Emotional: lack of confidence in oneself and others, lack of vitality, human warmth and energy, exhaustion, stress symptoms, restlessness, continuous desire to satisfy own needs and for material possessions, greedy, selfish, aggressive, lost "grip on reality", anxiety, depression, suicidal thoughts

Physical: sciatic problems, problems with lumbar spine/sacroiliac joint and coccyx, osteoporosis, bone disease, diseases of the

kidneys and bladder, prostate complaints, anaemia, pain in the legs and feet, disorders of the large intestine and rectum, haemorrhoids, varicose veins, fluctuating blood pressure, hypertension, overstrained immune system

Options for therapy

New therapy programs

Blocked adrenal glands / 1st chakra

Di, low deep frequency, 5.2 Hz, wobble = yes, amplification sweep symmetrical, Di = 11.0, sweep rate = 28 sec, therapy time = 7 min

Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Substance complexes (endocrine system: adrenal fatigue, adrenal autoimmune; goodies: energetic fitmaker; neurology: stress, etc.)

Phytotherapy (valerian, lime blossom, elder)

Colour (red)

Fragrances (cedar, rosemary, cypress, cloves)

Stones (ruby, agate, haematite, garnet)

Bach flower remedies/Chakra test set: Bach flower remedies (after testing), root chakra ampoule "Adrenal glands" ampoule and corresponding hormone ampoules from the "hormone test set", "water" and "kidney" ampoule from the "5 element test set"

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke, meridian programs in the normal and low deep frequency range, treatment through extraordinary meridians (see above), strengthening of the associated element (5 element test set), new adrenal gland programs from the "Thyroid – Adrenal glands – Autoimmune disease" seminar, shock and stress reduction programs

(e.g. 3093.0, 3094.0, 3095.0, 432.2, 3027.0, 960.4, 900.1 etc.)

Gonads – 2nd chakra: **sacral chakra / sacral centre**

Function: The hormones in the gonads, the sex hormones, affect **sexual and physical development**, the entire metabolic process and an individual's mental state. Production of sex hormones starts to increase during puberty, causing the sexual organs to mature and secondary sexual characteristics (e.g. pubic hair). Everyone's body contains sex hormones of the opposite sex.

The gonads (ovaries, testicles) have both exocrine and endocrine functions. The exocrine function handles the **provision of gametes** (egg cells in women, sperm cells in men). The endocrine function handles the **provision of sex hormones** (oestrogens, progesterone, testosterone).

The ovary primarily produces follicular hormones (oestrogens). Amongst other things, these promote the growth of the uterine lining (endometrium) during the menstrual cycle. Oestrogens play a part in the development of female sexual characteristics. However, they are also involved in other metabolic processes, e.g. they promote bone formation. In the second half of the cycle another hormone group, the gestagens, are formed in the yellow body (corpus luteum) of the ovary. Their chief representative, progesterone, primarily prepares the mucous membrane for implantation of a fertilised egg. Hormonal regulation of the woman's menstrual cycle also undergoes finely balanced interaction between pituitary gland hormones and sex hormones according to the feedback principle.

The male gonads, the testicles, produce the most important male sex hormone, testosterone. This hormone is responsible for the testicular tissue maturing and for the continuous production of sperm. It controls expression of the man's secondary sexual

characteristics and, when in large concentrations, terminates physical growth during puberty.

Significance in energy medicine

Central themes: **reproduction**, preservation of the species, sexuality, creative reproduction (creativity, new creation, "what one brings into being"), decision-making powers, securing one's livelihood, retaining and letting go

Element: water (Ayurveda), water (TCM)

Meridian association: bladder, kidneys, triple warmer (TCM), Ren Mai, Yin Qiao Mai, Du Mai, Yang Qiao Mai, Chong Mai, YIN Wei Mai, Dai Mai, YANG Wei Mai, (extraordinary meridians)

Sensory function: taste

Relation to teeth: 1.1, 2.1, 3.3, 3.4, 4.3, 4.4

Physical aspects: reproductive organs (uterus, ovaries, prostate, testicles, etc.), bladder, kidneys, pelvis, blood, lymph, sperm, detoxification via urinary tract, excretion of liquid constituents, potency, fertility, regulation of menstrual cycle, of sexual development, of the menopause, of reproduction, pregnancy

Harmony pattern: promotes passion and eroticism, inventiveness, creativity, decision-making powers, retaining and letting go

Disharmony pattern

Emotional: tension and uncertainty when dealing with others, need to satisfy own interests (especially sexual), strong impulses, compulsive sexual behaviour, problems of self-worth, sexual frigidity, abnormal libido, internal torpor, lack of motivation; inability to enjoy life, inability to let go

Physical: impaired excretion by kidneys and bladder, limited detoxification activity, renal and bladder disorders, eczema and skin irritation, erectile dysfunction, abnormal oestrous cycle, diseases of the uterus and ovaries, prostate and testicular diseases, thrombosis, lymphostasis

Options for therapy

New therapy programs

Blocked gonads / 2nd chakra

Di, low deep frequency, 4.4 Hz, wobble = yes, amplification sweep symmetrical, Di = 20.0, sweep rate = 54 sec, therapy time = 7 min

Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Substance complexes (endocrine system and/or gynaecology: hormone deficiency ovary, oestrogen deficiency, progesterone deficiency, testosterone deficiency, ovary/testicles autoimmune, irregular periods, infertility, intracyclic menstrual bleeding)

Phytotherapy (stinging nettle, yarrow, parsley)

Colour (orange)

Fragrances (bitter orange, pepper, sandalwood, ylang, myrrh, vanilla)

Stones (moonstone, jacinth, yellow topaz, aventurine, coral, fire opal)

Bach flower remedies/Chakra test set:

Bach flower remedies (after testing), sacral chakra ampoule

"Female sexual organs" and "male sexual organs" ampoule and corresponding hormone ampoules from the "hormone test set", "water" and "kidney", "bladder", "female genitals", "male genitals", "triple warmer", "female hormones", "male hormones" ampoule from the "5 element test set".

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke, meridian programs in the normal and low deep frequency range, treatment through extraordinary meridians, strengthening of the associated element (5 elements), hormone balance programs from the "Thyroid – Adrenal glands – Autoimmune disease" seminar, hormone programs

(e.g. 3049.0, 3048.0, 3050.0, 934.1, 3030.0, 980.2, 981.1 etc.)

Pancreas – 3rd chakra:

solar plexus chakra/solar plexus centre

Function: The pancreas has both exocrine and endocrine functions. The exocrine pancreas is a purely albuminous gland. It represents **man's most important digestive gland** and secretes numerous digestive enzymes and proenzymes. The secretion contains:

enzymes for proteolysis (proteases: trypsinogen, chymotrypsinogen, elastase)

enzymes for carbohydrate cleaving (alpha-amylase, ribonucleases)

enzymes for lipolysis (pancreatic lipase)

The endocrine part of the gland releases hormones directly into the blood: insulin, glucagon, somatostatin, pancreatic polypeptide, ghrelin.

Significance in energy medicine

Central themes: **Absorbing and releasing energy (receiving, digesting and releasing), emotions (wishes, desires, cravings)**, integrating feelings and experience of life, personal development, self-control, self-assertion, identity and individuality (sense of self), confidence. Vital energy (prana) enters in the solar plexus chakra (in the spleen) and is transmitted.

Element: fire (Ayurveda), **earth**, fire, wood (TCM)

Meridian association: spleen/pancreas stomach, liver, gallbladder, small intestine, triple warmer (TCM), Chong Mai, YIN Wei Mai, Dai Mai, YANG Wei Mai, (extraordinary meridians)

Sensory function: sight

Relation to teeth:

1.6, 1.7 (pancreas), 2.6, 2.7 (spleen)
3.4, 3.5 (spleen), 4.4, 4.5 (pancreas)

Physical aspects: digestive organs and functions, spleen, pancreas, stomach, small intestine, gallbladder, liver, abdominal

cavity, lower back, autonomic nervous system (lymph)

Harmony pattern: balanced emotions, can let go, balanced personality: knows what they want, persistence, stability, drive, trust in "gut feeling", highly developed sympathy and sensitivity, sound and deep sleep, smooth metabolism

Disharmony pattern

Emotional: egoism, selfishness, extreme ambition, envy, obsession with power, craving for possessions, seeks validation in external appearances, outbursts of suppressed rage, irritability as a result of suppressed feelings of inferiority, exaggerated focus on performance, thoughtlessness, destructive frenzy, self-pity, disorientation, life is full of obstacles, lack of feeling, indifference, uncertainty, lacking in self-confidence, difficulty letting go and relaxing, addictive behaviour

Physical: cramp, tension, stagnation, eating disorders, gastric and duodenal diseases, liver and gallbladder diseases, dysfunction of the salivary glands, pancreatic disease (e.g. diabetes mellitus), metabolic disorders, spleen disorders, lymphostasis

Options for therapy

New therapy programs

Blocked pancreas – 3rd chakra

H+Di, low deep frequency, bandpass sweep 240 sec, amplification sweep symmetrical, Di = 2.0, sweep rate = 25 sec, therapy time = 12 min

Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Substance complexes (endocrine system: diabetes; metabolism: acidaemia; stomach-intestines-pancreas: pancreas autoimmune, pancreas weak secretion, etc.)

Phytotherapy (fennel, camomile, juniper)

Colour (yellow)

Fragrances (lavender, rosemary, camomile, lemon, aniseed)

Stones (tiger's eye, amber, citrine, chrysoberyl, yellow jasper)

Bach flower remedies/Chakra test set: Bach flower remedies (after testing), solar plexus chakra ampoule

"Pancreas" ampoule and corresponding hormone ampoules from the "hormone test set", "Earth" (fire, wood) and "pancreas", "metabolism", "spleen" (possibly stomach, liver, gallbladder, small intestine, triple warmer, organ degeneration) ampoules from the "5 element test set"

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke, meridian programs in the normal and low deep frequency range, treatment through extraordinary meridians, strengthening of the associated element, metabolic programs (e.g. 3109.0, 3106.0, 3107.0, 3038.0, 3036.0, 530.4, 812.1, 260.2, 261.3 etc.)

Thymus – 4th chakra: **heart chakra / heart centre**

Function: In ancient times physicians and philosophers believed the organ to be the seat of a virtue: of courage (from the Greek "thymos"). Only in young people (the bravest age group, according to the Greeks) is the thymus gland found in the chest. It subsequently becomes atrophied. The organ weighs around twelve grams in newborn babies but has increased to about 40 grams by puberty. In adults it shrinks to just under six grams in weight.

The thymus gland is the most important organ for **maintaining our immune system (defence system)**. It is the organ which controls the entire immune system. The thymus serves to mature and distinguish between the T-lymphocytes. During the foetal stage, lymphocytes migrate from the bone marrow into the thymus where they receive their immunological character. These mature T-lymphocytes migrate via the blood into the secondary lymphatic

organs where they remain in the T cell regions fulfilling an immune defence role. As they mature the blood-thymus barrier prevents contact with the body's own antigens.

Significance in energy medicine

Central themes: **selfless love, forgiveness, centre of healing, harmony and balance**, sense of responsibility, sympathy, goodness, humanity, altruism, solidarity, devotion, selflessness, openness, tolerance, kind-heartedness, security, empathy

Element: air (Ayurveda), fire, metal (TCM)

Meridian association: heart, cardiovascular system (pericardium), lungs (TCM), Chong Mai, YIN Wei Mai, Ren Mai, Yin Qiao Mai (extraordinary meridians)

Sensory function: touch

Relation to teeth: 1.5, 2.5

Physical aspects: regulates the immune system, heart, chest and thoracic cavity, thoracic spine, shoulders, arms, hands, lower lung area, blood and blood circulation system, skin

Harmony pattern: warmth, sociability, sense of responsibility, appreciation and acceptance of oneself and of others, tolerance, acceptance, healthy self-love, sympathy, selflessness

Disharmony pattern

Emotional: excessive altruism, complete self-sacrifice (helper syndrome), unkindness, intolerance, little ability to empathise, narrow-mindedness, heartlessness

Physical: heart trouble, respiratory tract diseases, cardiovascular disorders, tension and pain in shoulders and back of neck, rheumatic disorders, lowered resistance, allergies, skin diseases

Options for therapy

New therapy programs

Blocked thymus / 4th chakra

Di, low deep frequency, 3.6 Hz, wobble = yes, amplification sweep falling, Di = 20.0, sweep rate = 15 sec, therapy time = 8 min
Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Substance complexes (goodies: increase powers of resistance; bone marrow/blood: immunodeficiency, leukopenia etc.)

Phytotherapy (melissa, hawthorn, thyme)

Colour (green)

Fragrances (attar of roses, jasmine, tarragon)

Stones (rose quartz, emerald, jade, chrysoprase)

Bach flower remedies/Chakra test set: Bach flower remedies (after testing), heart chakra ampoule

"Thymus" ampoule and from the "hormone test set", "fire" and "metal", "heart", "cardiovascular system", "lungs" (possibly skin) ampoules from the "5 element test set"

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke, meridian programs in the normal and low deep frequency range, treatment through extraordinary meridians, strengthening of the associated element, immune strengthening and thymus programs (e.g. 3108.0, 428, 570 etc.)

Thyroid gland – 5th chakra: throat chakra / larynx centre

Function: The main function of the thyroid gland is to store iodine and produce the iodine-bearing thyroid hormones triiodothyronine and thyroxine as well as the peptide hormone calcitonin. The iodine-bearing thyroid hormones are produced by

the follicular epithelial cells of the thyroid (thyrocytes) and play an important role in **energy metabolism and the growth** of individual cells and of the whole organism. The thyroid hormones have important functions in the body. They raise basal metabolism, whereby cardiac activity, body temperature and oxygen consumption in the tissues increase. They increase sensitivity to the stress hormone adrenalin and support the build-up of protein in the muscles. They also promote growth and maturity of the central nervous system, which is particularly important in pregnancy and childhood. Calcitonin is produced by the *parafollicular* or C-cells of the thyroid gland. It inhibits bone destruction by incorporating calcium and phosphate in the bones and by inhibiting osteoclasts which, when in an activated state, cause a reduction in bone substance.

Significance in energy medicine

Central themes: **communication, self-expression** (expressing feelings and thoughts), **centre of creative activity**, creativity, expression, inspiration, independence, self-determination, speech, integrity, "bridge between emotional and intellectual intelligence"

Element: ether (Ayurveda), metal (TCM)

Meridian association: lungs (TCM), Chong Mai, YIN Wei Mai, Ren Mai, Yin Qiao Mai (extraordinary meridians)

Sensory function: hearing

Relation to teeth: 1.6, 2.6 (thyroid gland), 1.7, 2.7 (parathyroid gland)

Physical aspects: throat region, tooth and jaw region, pharynx, tonsils, oesophagus, larynx, vocal cords, windpipe, upper lung area, bronchi, back of neck, cervical spine, shoulders, voice, breathing, (hormone cycle and metabolism)

Harmony pattern: basis of development of our intellect; helps to find the right word and to listen, openness, creativity, intellectual exchange, accept and express one's own

strengths and weaknesses, striving for truth and wisdom, inspiration

Disharmony pattern

Emotional: overemphasis of intellect, arrogance, narrow-mindedness, thirst for glory and power, impaired communication, not have one's own opinion, lack of expressiveness, conspicuous shyness, introversion, loss of sense of reality, stuttering

Physical: inflammation of the pharynx, colds, sore throat, problems in shoulders and back of neck, problems with oval cavity and teeth, hoarseness, tonsillitis, malfunction of the thyroid or parathyroid glands, lung or bronchial disease

Options for therapy

New therapy programs

Blocked thyroid gland – 5th chakra

Di, low deep frequency, 2.5 Hz, wobble = yes, amplification sweep symmetrical, Di = 11.0, sweep rate = 28 sec, therapy time = 7 min

Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Substance complexes (endocrinology: hyperthyroidism, hypothyroidism, unstable thyroid disease, Hashimoto's thyroiditis, TCM struma), phytotherapy (peppermint, sage, coltsfoot)

Colour (light blue)

Fragrances (sage, eucalyptus, camphor, peppermint)

Stones (aquamarine, turquoise, topaz, lapis lazuli)

Bach flower remedies/Chakra test set: Bach flower remedies (after testing), throat chakra ampoule, "Thyroid gland" ampoule and corresponding hormone ampoules from the "hormone test set", "Metal", "lungs" ampoule ("teeth", "connective tissue") from the "5 element test set"

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke, meridian programs in the normal and low deep frequency range, treatment through extraordinary meridians, strengthening of the associated element, thyroid programs from the "Thyroid – Adrenal glands – Autoimmune disease" seminar, thyroid programs (e.g. 548.0, 549.1, 3087.0, 3088.0 etc.)

Pituitary gland – 6th chakra: forehead / brow chakra / ajna centre

Function: The pituitary gland is an organ the size of a cherry stone, located on the underside of the brain approximately level with the root of the nose in a depression in the bone known anatomically as the Turk's saddle (from the Latin sella turcica). It is extremely important for metabolism. Disorders of the pituitary gland can lead to disruption of the hormone balance and to serious symptoms.

The pituitary gland consists of the **anterior pituitary lobe** (APL) and the **posterior pituitary lobe** (PPL), which are linked to the brain via the **pituitary stalk**. Both parts are totally different as regards their structure and their function. This is attributable to the way the organ has developed. The anterior pituitary lobe can be considered an independent gland which has merely "attached" itself to the brain. It is therefore also known as the adenohypophysis (from the Greek "aden" for gland). Important hormones are produced in the anterior pituitary lobe and released into the blood stream. These are:

GH (growth hormone): amongst other functions, promotes growth in height before puberty and growth of the organs

ACTH (adrenocorticotrophic hormone): stimulates the adrenal cortex (from the Latin: ad = toward, ren = kidney) to release cortisol

FSH (follicle-stimulating hormone): stimulates maturing of the egg cells in women and development of sperm in men

LH (luteinising hormone): together with FSH plays an important role in regulating the female cycle

Prolactin: stimulates growth of the mammary glands and promotes production of breast milk

TSH (thyroid stimulating hormone): stimulates thyroid gland function

The **posterior pituitary lobe (PPL)** is part of the brain and is also known as the neurohypophysis (from the Greek: neuron = nerve, nervous system). It is part of the **overall control centre for hormone balance**, the hypothalamus. The hypothalamus is a region of the brain in which a large number of hormones are produced. These control vital functions such as breathing and circulation, food intake, body temperature, etc. Hormones from the hypothalamus are stored in the posterior pituitary lobe and released as needed. It does not produce its own hormones. The most important hormones released by the posterior pituitary lobe include:

- Oxytocin: triggers contractions at the end of pregnancy, stimulates the onset of milk secretion
- ADH (antidiuretic hormone): regulates the body's fluid levels through kidney function

The hypothalamus and pituitary gland make up one functional unit. Both produce releasing hormones which cause the release of other hormones in other glands and organs. Complex control circuits (feedback mechanisms) exist to maintain the hormone balance.

Significance in energy medicine

Central themes: **controls all the processes of perception and is**

responsible for processing all information and sensations. Intuition, conscious perception, inner awareness, integrated personality, active intelligence, idealism, inner wisdom, self-knowledge, imagination, visualisation, good memory and concentration, demonstration through power of thought. "Seat of the pure soul".

Element: spirit, pure light (Ayurveda), Shen (TCM)

Meridian association: Du Mai, Yang Qiao Mai (extraordinary meridians) (?)

Sensory function: all senses, extrasensory perception

Relation to teeth: 1.3, 1.4, 1.8, 2.3, 2.4, 2.8

Physical aspects: brain (cerebellum, diencephalon), nervous system, hormonal system, eyes, face, auditory canal, middle and inner ear, nose, paranasal sinuses

Harmony pattern: self-knowledge, attentiveness and perception, acuteness of mind, well developed mental faculties and imagination, strong belief, achievement of wishes and goals, "being in the here and now", intuition, mindfulness

Disharmony pattern

Emotional: selfishness, self-aggrandisement, thirst for power, mental absent-mindedness and confusion, delusions, loss of sense of reality, disorientation, feeling of futility, feeling of overload, helplessness, indecision; incapable of making decisions, impaired cognition

Physical: impaired balance, migraine, headaches, dizziness, facial nerve paresis, trigeminal neuralgia, diseases of the nervous system and of the brain, mental illnesses, problems concentrating and learning difficulties, hormone imbalance, otitis, tinnitus, impaired hearing and other ear disorders, eye conditions and visual impairments, disorders of the nose and paranasal sinuses

Options for therapy

New therapy programs

Blocked pituitary gland – 6th chakra

Di, low deep frequency, bandpass sweep, sweep rate 240 sec, amplification sweep symmetrical, Di = 20.0, sweep rate 42 sec, therapy time = 11 min

Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Phytotherapy (St John's wort, spruce, eyebright)

Colour (violet, dark blue)

Fragrances (mint, jasmine, violets, lemon grass)

Stones (lapis lazuli, blue sapphire, blue tourmaline, opal, sodalite)

Bach flower remedies/Chakra test set: Bach flower remedies (after testing), forehead chakra ampoule

"Pituitary gland" and "hypothalamus" ampoule and corresponding hormone ampoules from the "hormone test set"

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke, treatment through extraordinary meridians, strengthening of the associated element, pituitary gland programs from the "Thyroid – Adrenal glands – Autoimmune disease" seminar, pituitary gland programs: 916.1, 907 etc.

Epiphysis – 7th chakra: crown chakra / head centre

Function: The pineal gland is also known as the pineal body or epiphysis. It is located above the midbrain and is regarded by many as falling within the epithalamus, part of the diencephalon. Others consider that the pineal gland represents an independent structure. The epiphysis was already well known in ancient Greece, in Rome and in the ancient Indian cultures.

Its function remained a total mystery until the 20th century, however, and is still not yet fully understood. The French philosopher Rene Descartes regarded it as the seat of the soul.

The precise duties and functions of the pineal gland have not yet been fully explained. It is believed that **circadian rhythm and associated bodily functions** are regulated by the epiphysis amongst other factors. So it is the body's biological clock which determines biorhythm. The epiphysis reacts to light-dark stimuli by releasing melatonin. The starting material for **melatonin synthesis** is the amino acid tryptophan, from which serotonin is produced in the pinealocytes. This, in turn, is converted to melatonin. Light influences melatonin synthesis by regulating noradrenalin release in the pineal gland through the superior cervical ganglion and consequently inhibits melatonin synthesis. Melatonin also influences secretion of FSH (follicle-stimulating hormone) and LH (luteinising hormone) amongst other things. However, melatonin is not only hugely important for ensuring peaceful sleep. It also has extremely strong antioxidant potential, effectively reducing damage to cells. Mast cells which produce histamine also occur in the pineal gland.

Scientists believe that the pineal gland can produce a substance called dimethyltryptamine (DMT). Hallucinogenic plants such as *Psychotria viridis* (chacruna) owe their intoxicating effect to this substance. DMT allows our brain to create new thought structures and sensations. It leads to a pronounced change in visual experience.

Significance in energy medicine

Central themes: **unity consciousness, universal consciousness**, enlightenment, spirituality, body rhythms and biorhythms, all-encompassing knowledge, self-realisation, integration, attachment to the universe

Element: pure energy, cosmos

Sensory function: pure being, cosmic consciousness

Relation to teeth: 1.1, 1.2, 2.1, 2.2

Physical aspects: cerebrum, hormonal balance, sleep pattern and biorhythm, regulates immune and nervous system, eyes, skin

Harmony pattern: participation in deeply spiritual experiences; certainty of being part of a large whole, deep composure, spirituality and belief, all-encompassing knowledge, universal consciousness and attachment, deep peace, bliss

Disharmony pattern

Emotional: lack of interest in one's environment, mental confusion, aloofness, withdrawal from one's environment, loss of sense of reality, restlessness, inner emptiness; difficulty making decisions, feeling of loneliness/separation

Physical: chronic and systemic diseases, disorders of the nervous system, signs of paralysis, mental illness, depression, difficulty getting to sleep and sleeping through, weakened immune system, disturbed biorhythms, autoimmune disorders

Options for therapy

New therapy programs

Blocked epiphysis – 7th chakra

Di, low deep frequency, 1.5 Hz, wobble = yes, amplification sweep symmetrical, Di = 36.0, sweep rate = 25 sec, therapy time = 12 min

Input cup: blood

Input: ball electrodes in both hands

Output: modulation mat, magnetic depth probe or PowerApplikator on chakra/gland

Suggestions for channel 2 (after testing!)

Colour (white, gold)

Fragrances (incense, rosewood, lotus, olibanum)

Stones (diamond, rock crystal, amethyst)

Bach flower remedies/Chakra test set:

Bach flower remedies (after testing),

crown chakra ampoule

“Epiphysis” ampoule and corresponding hormone ampoules (“melatonin”, “serotonin”, “dimethyltryptamine”) from the “hormone test set”

Additional therapy programs

Chakra programs: normal frequency range (see Program Manual), new programs from S. Maquinay and Dr J. Hennecke.

The chakras run upwards through the body, being more developed at higher levels.

There are also connections between individual chakras (e.g. between the 1st and 7th chakra, the 2nd and 6th and 3rd and 4th chakra). The chakras/glands are checked for blocks using kinesiology or with the tensor. If a chakra tests as a block, the corresponding program for the endocrine gland/chakra is tested for resonance with

the Bicom device. We often encounter blocks here, especially around the lowest three chakras.

Alternatively, you can also look for blocks in the chakras / endocrine glands based on the patient's symptoms. If there is an insufficiency in a particular part of an endocrine gland, the subjacent chakra or corresponding associated (see above) chakra is often blocked.

For example: In the case of hypothyroidism, in other words a disorder of the thyroid gland (5th chakra), there is often a block around the heart chakra (thymus) or sacral chakra (gonads). It is always important, however, to test the corresponding chakras as well to find exactly where the block is located and target treatment accordingly.

Literature

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